



February 2
Groundhog Day

February 3
Super Bowl

February 5
Chinese New Year
Penny Auction

February 14
Valentine's Day
Valentine's Day Party

February 18
Presidents Day



FEBRUARY NEWSLETTER 2019



Hello Residents,

Well everybody, it's February already, the season for love.

In the words of Mae West, "Love thy neighbor — and if he happens to be tall, debonair and devastating, it will be that much easier."

This month we usually reflect on the people we love the most. It is the month cards and candy are given to remind love ones how much they are truly on our minds.

We tend to be a little bit happier and friendlier, smile a little more, and frown a little less. I urge everyone to not let these feelings stop this month but pay it forward this year. Live each and every day as if it were your last day, with purpose and passion.

Sonja Edwards,
Executive Director



Music with Don – January 8th, 15th, 22nd, & 29th

Our residents enjoy hearing Don's talented playing on the piano. It's always a fun time having sing-a-longs and being with neighbors.



Bible Study – January 15th

We look forward to Bible study every Tuesday with our volunteers from the Tuscaloosa area. The fellowship and study are always uplifting. Thank you so much for loving our residents.



Craft Time – January 16th

Our residents enjoy being creative and sharing ideas for making crafts. The fellowship and laughter is enjoyable!

VALENTINE'S DAY JOKES

Q: What's the best part of Valentine's Day?

A: The day after when all the chocolate goes on sale.

Q: What food is crazy about Valentine's Day chocolates?

A: A cocoa-nut.

Q: Did you hear about the blind porcupine?

A: He fell in love with a pin cushion.

Q: What did the pickle say to the other pickle on Valentine's Day?

A: You mean a great dill to me.

Q: Where do hamburgers take their sweethearts on Valentine's Day to dance?

A: To the meatball.





Valentine's Day Party
February 14th at 2:30 pm

We are looking forward to our Valentine's Party and enjoying refreshments while listening to music by George Winter.



Terrific Tuesday Tunes
Tuesdays at 4:00 pm

Get ready to enjoy our Terrific Tuesdays, filled with a variety of music and games!



Morning Stretches and Warm Ups
Mondays – Fridays in February

Get ready to get moving with our daily exercising.



Penny Auction with Melody
February 5th at 1:00 pm

Melody always shows our residents a fun time!



Sing-A-Longs
February 7th and 15th



Bible Study
Every Tuesday in February

***SAVE
THE
DATE***

March 1st — FUNtastic Friday



Isaac Savage

Mr. Savage is a part of the Regency family. Issac’s genuine compassion, outgoing personality, and friendly smile bring joy to residents and staff. Mr. Savage spent 48 years in Ohio where he retired and Tuscaloosa is his hometown. Also, he is recognized for his military service as well as being a veteran on Haven for Heroes, here at Regency. Mr. Savage enjoys sports, sports, and more sports. Thanks, Isaac, for being the fun-spirited person you are and for making Regency your home!

FUN FACTS



- Groundhog Day has been celebrated in Punxsutawney since 1887.
- Valentine greetings were popular as far back as the Middle Ages, though written Valentine’s didn’t begin to appear until after 1400. The oldest known valentine still in existence today was a poem written in 1415.
- There’s no set date for Chinese New Year. Chinese New Year, or Chunjie, ranges from January 21st to February 20th. This year, it occurs on February 5th.
- Showering isn’t allowed on the Chinese New Year’s Day. Sweeping and throwing out garbage isn’t allowed before the 5th. This is to make sure you don’t wash away the good luck!

WELCOME NEW RESIDENTS!



Judy Lowery

HAPPY BIRTHDAY!

Resident

Myrtle Gray Feb. 3
 George Petagrew Feb. 3
 Matilda Tarasevich Feb. 22
 Ralph Kardas Feb. 20

Employee

Charlotte Davis Feb. 4
 Marquita Harris Feb. 4
 Adriane Stewart Feb. 7
 Ruby Lavender Feb. 15
 Marcia Foster Feb. 16
 Stascia Thomas Feb. 17
 Rikki Billingsley Feb. 20
 Mary Montgomery Feb. 23
 Alma Jones Feb. 26

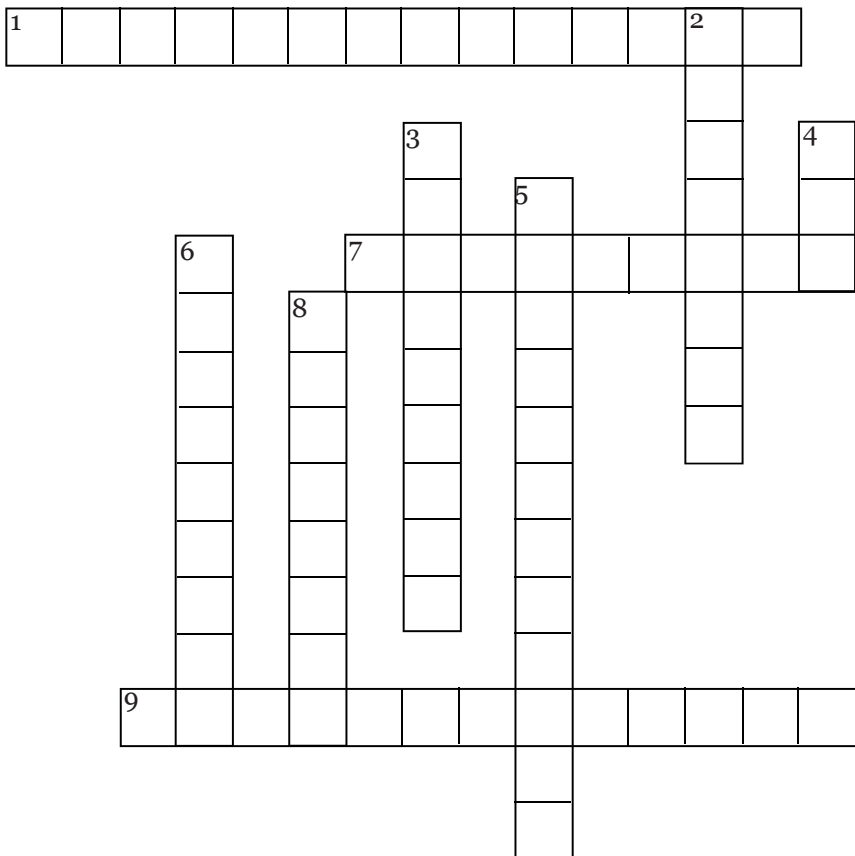


WORD FIND

N F S Q H Z C U C E C B T G V N J P M E R Z D R E
 K O E N X F N S H T V A D U M P L I N G S O A K E
 F P T S U D N G I A Y A D I L O H I D G R N M V T
 E W V G T F M G N L F T B B J P T Z H O U W C A V
 W I X Q N I I F E O V J Y J R N E R M L W C E C N
 D S J N E I V M S C N N P Y E N W A T U S X N U P
 I N W N J L H A E O W F D L T J N T R B R E O Z G
 P H C Z U U K S L H X H A U V C Q R O S E S L U V
 U B E M A H U G A C W V I S E D N W D G D D D X K
 C O S X H O C Z R W O J A L U E A I B C Q S I Z X

- | | | | | |
|-----------|-----------|--------------|---------|------------|
| CHINESE | CUPID | HOLIDAY | RED | ROSES |
| CHOCOLATE | DUMPLINGS | LUNAR | ROMAN | VALENTINE |
| CHUNJIE | FESTIVAL | PUNXSUTAWNEY | ROMANCE | WASHINGTON |

CROSS-WORD



Across

1. Chinese New Year is also known as_____.
7. Predicts the arrival of spring.
9. Washington's Birthday is also known as_____.

Down

2. Purple variety of quartz.
3. Fat Tuesday.
4. 2019 is the Year of the_____.
5. Annual Groundhog Day festivities occur here.
6. The Chinese calendar is this type.
8. Team with the most Super Bowl appearances.

EMPLOYEE OF THE YEAR

Mattie Underwood



Mattie is truly one of a kind. She's humble, caring, dedicated, and compassionate. She has made an impact on the lives of the residents in which she serves as well as her fellow coworkers. She provides exceptional care and often goes beyond the call of duty to enrich the lives of others. Mattie is the blue-print of a great caregiver. Thank you, Mattie, for your hard work and pure heart.

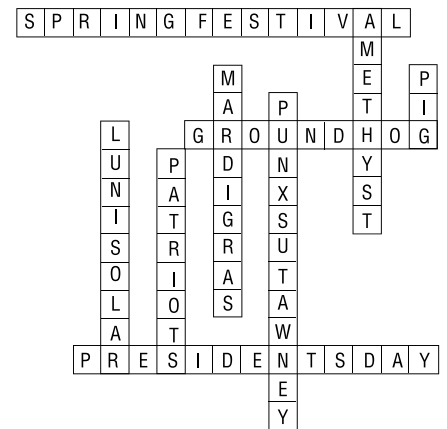
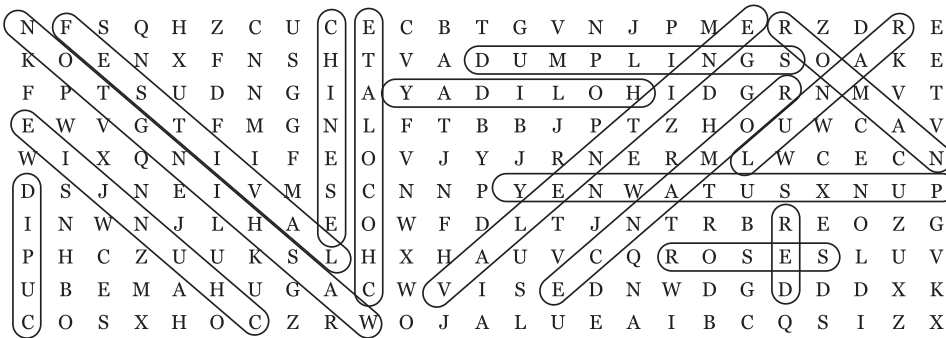
EMPLOYEE OF THE MONTH

Rikki Billingsley



Rikki is a hardworking, dedicated housekeeper, working for 3 years with our Garden Homes. She has a contagious smile and outgoing personality for residents and staff. Rikki loves her time with family and children. We thank you for your hard work for our Regency residents.

ANSWER KEY:



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