

JANUARY 2018




SENIOR LIVING EVENTS



Regency Retirement Village of Tuscaloosa

5001 Old Montgomery Highway | Tuscaloosa, AL 35405 | (205) 752-5500

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 HAPPY NEW YEAR!	2 10:00 Bible Study, C 11:00 Card Games, L 1:30 New Years Word Puzzle 3:00 Billiards/ Dart Throw, GR	3 10:00 Exercise, C 11:00 Operation, L 2:30 Hot Chocolate Social, C 3:00 Resident Council, C 6:00 Bible Baptist, C	4 10:00 Walmart 1:30 Movie, T 3:30 Giant Dominoes, L	5 10:00 Bingo, DR 10:30 Exercise, C 11:00 Puzzles, L 1:30 Dollar Tree 3:30 Winter Snow (Homemade Ice Cream)	6 10:00 Coffee and Chat, L 1:30 Residents' Choice
	7 9:00 Sunday School, C 9:30 Worship, C 10:00 Rest & Relaxation	8 10:00 Bingo, DR 10:30 Exercise, C 11:00 Puzzles, L 1:30 Manicures, L 2:00 Elvis Party, L	9 10:00 Bible Study, C 11:00 Board Games, L 2:00 Arts & Crafts, L 6:00 Mennonite Choir, C	10 8:30 IHop Breakfast Outing 10:00 Exercise, C 1:30 Bible Trivia, L 3:00 Card Games, L 6:00 Bible Baptist, C	11 10:00 Walmart 1:00 Dominoes, L 2:00 Horse Racing, L 3:00 Bible Trivia, L	12 10:00 Bingo, DR 10:30 Exercise, C 11:00 Puzzles, L 1:30 Wii, Bowling, GR 3:00 Monopoly, L
14 9:00 Sunday School, C 9:30 Worship, C 10:00 Rest & Relaxation	15 10:00 Bingo, DR 10:30 Exercise, C 1:30 Manicures, L 3:00 Public Library Trip	16 10:00 Bible Study, C 10:30 Exercise, C 1:30 Thrift Store 3:30 Card Games	17 10:00 Exercise, C 12:00 What's Cookin' Wednesday 2:00 Movie, T 6:00 Bible Baptist, C	18 10:00 Walmart 2:00 UNO Card Game, L 3:30 Bowling, L	19 10:00 Bingo, DR 10:30 Exercise, C 1:00 Card Games, 3:00 Hot Cider Social, L	20 10:00 Coffee and Chat, L 1:30 Residents' Choice
21 9:00 Sunday School, C 9:30 Worship, C 10:00 Rest & Relaxation 5:00 Music by Noteworthy, DR	22 10:00 Bingo, DR 10:30 Exercise, C 1:30 Manicures, L 3:00 Bean Bag Toss, L	23 10:00 Bible Study, C 10:30 Exercise, C 2:00 Pool Tournament, GR 3:30 Beanbag toss, L	24 10:00 Exercise, C 10:30 Shopping 12:00 Lunch @ Metro Diner 2:30 Giant Dominoes, L 6:00 Bible Baptist, C	25 10:00 Walmart 11:00 Winter Word Puzzles, L 2:00 Yahtzee, L 3:30 Hangman, L	26 10:00 Bingo, DR 10:30 Exercise, C 3:00 Birthday Party, C	27 10:00 Coffee and Chat, L 1:30 Residents' Choice
28 9:00 Sunday School, C 9:30 Worship, C 10:00 Rest & Relaxation	29 10:00 Bingo, DR 10:30 Exercise, C 1:30 Manicures, L 3:00 Movie Monday, T	30 10:00 Bible Study, C 10:30 Exercise, C 1:30 Thrift Store 3:30 Card Games	31 10:00 Exercise, C 11:00 Name 5, L 2:30 Kitchen Creations, DR 6:00 Bible Baptist, C	