

# APRIL NEWSLETTER 2019

**April 1**

April Fools' Day

**April 2**

Country Drive

**April 11**

Jigsaw Puzzles with Mrs. Payne

**April 14**

Palm Sunday

**April 15**

Tax Day

**April 18**

Lunch for Veterans

**April 19**

Good Friday

**April 21**

Easter

**April 22**

Earth Day

**April 11**

Jigsaw Puzzles with Mrs. Payne

**April 26**

Arbor Day

**April 30**

Family Night

Happy  
Easter



***Hello Residents,***

It's already April! Lots of pollen and, as the saying goes, "April showers bring May flowers." Please make sure you have allergy medicine close at hand.

It's time to get out and garden and plant flowers. We will be having an Easter egg hunt this month for families and friends, so please come out and have a great time.

We will also have some great outside activities this month, so please see Donna to sign up. There may be a little line dancing with the management team, so bring your dancing shoes and lets boot, scoot, and boogie.

It's getting warm so we will be cooking out on the grill, compliments of Jeff P. and Veronica. Summer is just around the corner, and we have loads of fun in store. We love each and every one of you and are thankful you are part of the Regency family.

***Sonja Edwards,***  
*Executive Director*



***Gavin & Friends – March 4th***

The Deason and Poland children played beautiful piano and mandolin. The residents always love having children visit and look forward to the next visit soon.



***Mardi Gras Party – March 5th***

Our residents “let the good times roll” celebrating Mardi Gras. The festive party was enjoyed by all with King cake, and music by Rose & Friends. The residents looked so festive in their Mardi Gras colors.







### ***Garden Club – March 12th and 14th***

We have many green thumbs here at Regency. We planted seeds and are looking forward to adding flowers in the courtyard. The ideas and experience in gardening are highly appreciated!



### ***St. Patrick's Day Party – March 15th***

What a great time we had celebrating St. Patrick's Day, wearing green and listening to Irish music. The shamrock cookies and green punch were delicious. Prizes were given for the resident who wore the most green and won the guessing games.







***Easter Egg Hunt***  
*April 13th*

We are going to be “hopping” being with the residents’ family and staff’s children. The residents enjoy watching the children look for the eggs and having refreshments. There will be prizes and good times!



***Country Drive***  
*April 2nd*

Ready for sunshine and a country drive with our residents? We enjoy the ride and have sing-alongs while cruising the back roads.



***Jigsaw Puzzles with Mrs. Payne***  
*April 11th & 25th*

Mrs. Payne is excited about sharing her colorful puzzles. She looks forward to spending time with friends here within the Regency community. Come join the fun and fellowship in the library.



## ***Lunch for Veterans*** ***April 18th***

This luncheon is open to all Regency veterans, VA, and those in the Tuscaloosa community. It provides an opportunity to share camaraderie with those who understand the sacrifices made. We would like to thank you by inviting all to our monthly lunch here at Regency. Terry Sims devotes his genuine care for our veterans each month. Our lunch is always delicious and provided by Veronica, the Dining Room Manager.



## ***Earth Day*** ***April 22nd***

In support of the environment, we are going Eco-friendly and will plant some flowers while listening to music with the Cain Family outside in the courtyard.



## ***Family Night*** ***April 30th***

We are looking forward to Family Night with our residents' families. This night is going to be a fun time enjoying food and fellowship.

### *SPRING JOKES*

**When do monkeys fall from the sky?**

During Ape-ril showers!

**Can February March?**

No, but April May!

**Why is everyone so tired on April 1?**

Because they've just finished a long, 31 day March!

***SAVE  
THE  
DATE***

***May 3rd — FUNtastic Friday***





## ***Mrs. Payne***

Mrs. Payne has an infectious smile and is always friendly to residents and staff here at Regency. Mrs. Payne was born in Brent, Alabama, and was married to Bobby Payne. She has 3 children, 6 grandchildren, and 5 great-grandchildren. Mrs. Payne worked at Human Resources for 25 years, where she retired. Mrs. Payne enjoys jigsaw puzzles, gardening, and music. We enjoy having her as a part of the Regency family.

## *FUN FACTS*



- In 18th century Scotland, the April Fools' Day tradition became a two-day event, starting with "hunting the gowk," in which people were sent on phony errands and followed by Talie Day, which involved pranks played on people's derrieres, such as pinning fake tails or "kick me" signs on them.
- A journalist by the name of J. Sterling Morton founded Arbor Day. The first-ever Arbor Day was held in Nebraska on April 10, 1872.
- In 1290 the household of Edward I bought 450 eggs to be colored or covered in gold leaf to be distributed among "the royal entourage" for Easter.
- It wasn't until the Victorian era that dyed Easter eggs became something to give to children rather than to the Church, the poor or to local authorities.
- The first White House Easter Egg Roll took place in 1878.

*WELCOME NEW  
RESIDENT!*



Christine Owens

## *HAPPY BIRTHDAY!*

### **Resident**

Annie Price      *Apr. 9*  
Ruth Massey      *Apr. 12*  
Fayonia Cook      *Apr. 14*  
Joan Rogers      *Apr. 18*

### **Employee**

Donna Majkowski      *Apr. 18*  
Mattie Tubbs      *Apr. 30*

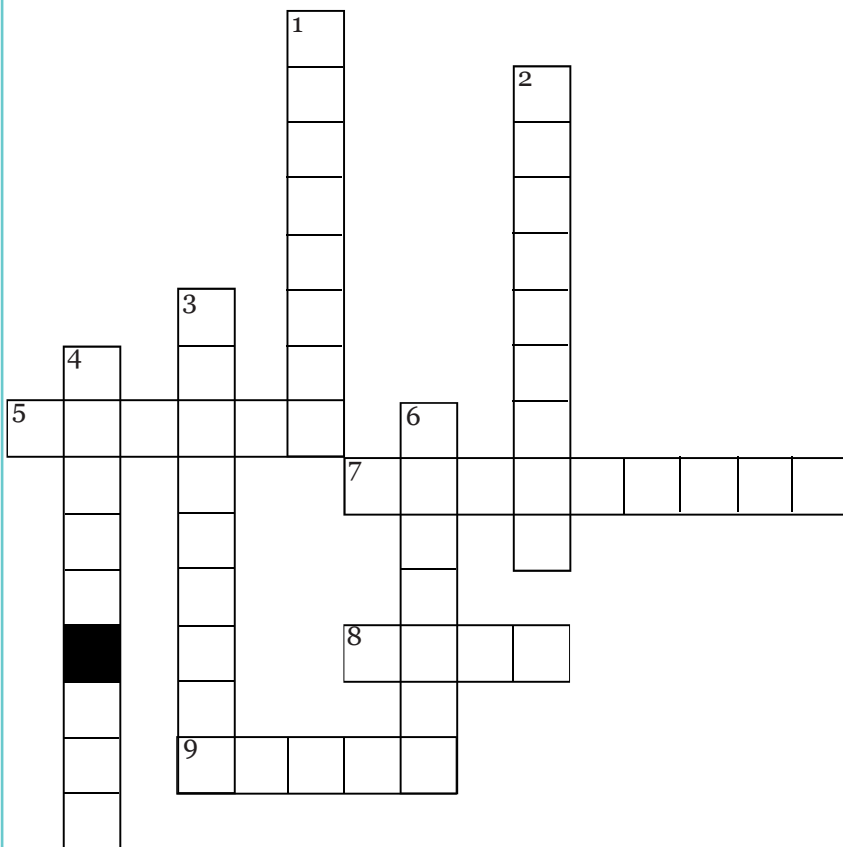


WORD FIND

U B S K E N V I R O N M E N T L K H G P L I S Z O  
 W K U C G P T T P E K O J T A C A N A D I D E L I  
 G W M T X V O H Y N K G W M G H R S A F L Y E V B  
 C Q W R T D X Z Y B G Z B F O R S C U R Y Y R B Q  
 D A U U T E G C G U I S B J T I X G R I P D T Y U  
 Q P R E S U R R E C T I O N O S N S U S E J I J V  
 G H A D V N A F V O H Z A N G T O U F T V W P W V  
 W S F L X Q U N L W P L T N O I X I F I C U R C D  
 Q P X P M R J K R Y P W T K G A N X E Y W Q M Q L  
 E A R T H S N K I C Q H K U W N W Z I O U L P E G

- |       |           |              |             |         |
|-------|-----------|--------------|-------------|---------|
| JOKE  | BUTTERFLY | CHRISTIAN    | ENVIRONMENT | EARTH   |
| PRANK | LAMB      | RESURRECTION | TREES       | PALMS   |
| LILY  | JESUS     | CRUCIFIXION  | PLANT       | PASSION |

CROSS-WORD



Across

5. Another term for Easter.
7. Represents eternal life.
8. Represents purity and honesty.
9. President responsible for nationwide recognition of Arbor Day.

Down

1. State where Arbor Day originated.
2. \_\_\_\_\_ rabbits and eggs are popular Easter treats.
3. Era when dying Easter eggs became a children's activity
4. Founded by Gaylord Nelson.
6. Fabergé eggs were first presented to this court.

*EMPLOYEE OF THE YEAR*

*Mattie Underwood*



Mattie is truly one of a kind. She's humble, caring, dedicated, and compassionate. She has made an impact on the lives of the residents in which she serves as well as her fellow coworkers. She provides

exceptional care and often goes beyond the call of duty to enrich the lives of others. Mattie is the blueprint of a great caregiver. Thank you, Mattie, for your hard work and pure heart.

*EMPLOYEE OF THE MONTH*

*June Barnett*

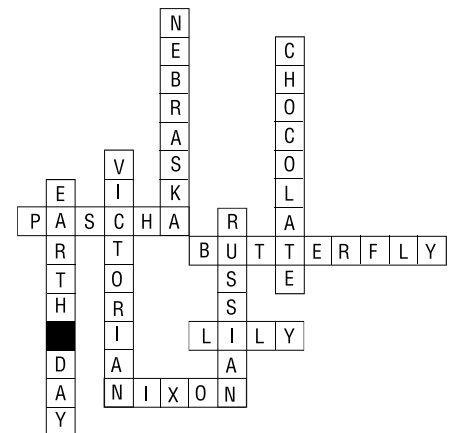


June has been employed at Regency for 4 years as the receptionist. She was raised in Pickens County and retired from Alabama Power Company. She has one daughter and a beautiful granddaughter she adores. Ms. June assists all the staff, always with a beautiful smile. She enjoys being with the residents & they enjoy being with her. Ms. June has a flair for fashion and enjoys gardening and decorating. We are

thankful to have her with us at Regency.

**ANSWER KEY:**

U B S K E N V I R O N M E N T L K H G P L I S Z O  
 W K U C G P T T P E K O J T A C A N A D I D E L I  
 G W M T X V O H Y N K G W M G H R S A F L Y E V B  
 C Q W R T D X Z Y B G Z B F O R S C U R Y Y R B Q  
 D A U U T E G C G U I S B J T I X G R I P D T Y U  
 Q P R E S U R R E C T I O N O S N S U S E J I J V  
 G H A D V N A F V O H Z A N G T O U F T V W P W V  
 W S F L X Q U N L W P L T N O I X I F I C U R C D  
 Q P X P M R J K R Y P W T K G A N X E Y W Q M Q L  
 E A R T H S N K I C Q H K U W N W Z I O U L P E G



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