#### WHAT'S COMING UP

#### **April 1**

April Fools' Day

**April 2** 

**Good Friday** 

April 4

Easter

**April 7** 

National Walking Day

**April 11** 

National Pet Day

April 15

Tax Day

April 22

Earth Day

April 30

National Arbor Day





## **APRIL 2021 NEWSLETTER**



## Hello Everyone,

We are heading into April with many changes happening. We are going to start our visits back outside, as well as window visits. Please call Brittany with any questions, or to set-up your visitation. We are asking that those who have been vaccinated bring a copy of their vaccination cards for us to have on file. The weather will be changing, and we would love to have you visit your family here but in a safe way. Easter is coming, and we have something special planned for our families to show how much we miss you.

We still have our Friends Make the Best Neighbors program, so reach out to someone and tell them how you would love for them to come stay here with you at Regency. We also want to tell each and everyone of you how much we truly love and appreciate you, and thank you for working with us during this difficult time.

**Sonja Edwards,** Executive Director

#### THIS OR THAT: EASTER EDITION

#### Do you prefer:

Dyeing Eggs or Hunting Eggs
Chocolate Bunnies or Marshmallow Peeps
Easter Ham or Hot Cross Buns
Sunrise Service or Midnight Mass
Baby Bunnies or Baby Chicks

#### **FUN FACTS**

- » April was the second month in an early Roman calendar, but became the fourth when the ancient Romans started using January as the first month.
- » April is named for the Greek goddess of love, Aphrodite.
- » The name for the month of April originally came for Aprilis, which means to open.
- » Easter is almost always in April, and, with it comes other Christian celebrations such as Palm Sunday, Maundy Thursday, and Good Friday.
- » The birthstone for April is the diamond.
- » April's zodiac signs are Aries (March 21-April 19) and Taurus (April 20-May 20).
- » The birth flowers for the month of April are the sweet pea and the daisy.
- » The Lyrids meteor shower appears April 16–April 26 each year, with the peak generally occurring on April 22.
- » On April 15, 1912, the famous Titanic hit an iceberg and sank on her first and only voyage.
- » Earth Day is celebrated on April 22nd each year.
- » April is Humor Month, so get laughing!
- » April is the only month with an "i" in its name.
- » Leonardo da Vinci and William Shakespeare were both born in April.
- » Noah Webster copyrighted the First Edition of His Dictionary in April.
- » April only had 29 days, but a 30th day was added when Julius Caesar established the Julian calendar.
- » George Washington was inaugurated as the first President of the United States on April 30, 1789.
- » On April 11, 1970, Apollo 13 was launched, and ran into difficulties about two days later. It was then that the famous line "Houston, we've had a problem here" was said, and is often misquoted today.
- » After a 1,500 year break, the first Olympics of the modern era took place on April 6, 1896, in Athens.

## MOST POPULAR EASTER CANDY

#### The Cadbury Creme Egg

This fondant-filled chocolate egg was first made in the 1920s. Newer varieties include chocolate and caramel filled options of the popular Easter treat.

#### **Peeps**

Peeps are the most popular non-chocolate Easter candy. Did you know that Americans eat about 1.5 billion marshmallow Peeps during the Easter holiday? The factory in Bethlehem, Pennsylvania manufactures a whopping 5.5 million per day!

#### **Chocolate Bunnies**

Often hollow, these favorite Easter confections are sometimes more about style than substance. Many popular chocolate brands manufacture chocolate bunnies for the holiday, and some favorites include Palmer, Brach's, Hershey's, Russell Stover, and Cadbury.



## APRIL IS NATIONAL HUMOR MONTH

There's undeniable power in laughter, and that's why National Humor Month was instituted for the month of April. Laughter, the benchmark of humor, is shown to lead to improved well-being, boosted morale, enhanced communication skills, and an enriched life over all. It's no coincidence that the national month of humor kicks off with April Fools' Day! As the saying goes, laughter is the best medicine, so we hope you'll get a few laughs out of the jokes below!



Why don't scientists trust atoms? / Because they make up everything!

What do you call a parade of rabbits hopping backwards? / A receding hare-line.

What does Charles Dickens keep in his spice rack? / The best of thymes, the worst of thymes.

What do you call a fake noodle? / An impasta!

What did the buffalo say when his son left for college? / Bison.

How does a squid go into battle? / Well-armed.

What do you call a bee who can't make up his mind? / A maybe.



## FROM THE BLOG





# **April Fool's Day - Pranks Across History**

Though April Fools pranks are an old tradition in American and European cultures, no one really knows the exact origins of this trickster's holiday. Some historians link these traditions to ancient European festivals in which people dressed in costumes to fool each other, and as the holiday spread across Europe and into the Americas, these practical jokes soon became a popular rite of spring. The pranks got more involved over the years, and here are a few of the best April Fools hoaxes history has to offer.

#### **WASHING OF THE LIONS**

The earliest known April Fools' Day prank recorded occurred in London in 1689. People were told to go see the annual ceremony of the washing of the lions at the Tower of London. Tons of people showed up, but to their surprise, it was all a joke, and there was no such event or lion-washing ceremony. The street prank tricked so many people, mostly out-of-towners, that it was pulled year after year. Eventually, in the mid-19th century, they even started printing up fake tickets to add to the hoax. Hundreds of thousands of people showed up, only to realize it was a silly trick.

#### **GREAT NOODLE HARVEST**

In the middle of the 20th century, April Fools' Day started to become a media event, which led to the Swiss spaghetti harvest. On April 1st, 1957, the BBC (British Broadcasting Corporation) told viewers that there had been an exceptionally successful spaghetti crop that year in Switzerland, due in part to the spaghetti weevil having virtually disappeared. BBC showed footage of "spaghetti harvesters" gathering spaghetti noodles from trees! Some viewers were upset by the prank, and others called the network asking where they could get a spaghetti plant.

#### TACO LIBERTY BELL

In 1996, Taco Bell ran an ad in newspapers announcing that it had purchased the Liberty Bell. Though this was a risky move as it irritated some people, it proved to other businesses that if you can pull off a stunt like this that gets people talking about your brand, you can get a big bang for your buck. This prank wasn't all about light-hearted humor, but also about creatively piggybacking on this holiday to promote their business.



#### **POKÉMON PRANK**

This particular prank actually resulted in the development of an extremely popular game. On April 1st, 2014, Google played a trick on the general public in publishing a Pokémon game in which players could use Google Maps to hunt down and catch Pikachus and Bulbasaurs, which would pop up on the map screen for gamers to "catch." The prize for the biggest collector was to be a job at Google as "Pokémon Master." This funny prank turned into the phenomenon we now call Pokémon Go.

#### A RHINO FOR CITY COUNCIL

In 1959, in São Paulo, Brazil, students were tired of the city's inflated prices and overflowing sewers, so they launched a campaign to elect a rhinoceros to the city council. The craziest part of it all? They won! The rhino, named Cacareco (meaning "rubbish") was already a popular figure in the area when the students began her political campaign. The students worried that of the 540 candidates seeking city council seats, none of them would adequately address the city's problems, so they used Cacareco to make a point. The beloved rhino won a city council seat with 100,000 votes, far more than any other candidate in the running, and though she was disqualified by the election board, she still remains part of one of the most famous protests in Brazilian history.

These interesting historical stories remind us that April Fools' Day can be about so much more than just fun tricks and hoaxes. It can be used to make a stand, make an impression, or just make someone laugh. However you approach this holiday, we hope you'll tap into your silly side, and have a little fun with it.



## **Martha Terry**

Martha was born February 22nd in Tuscaloosa, Alabama. She has two children, Zora Terry and John Franklin Terry, and a thirteen-year-old granddaughter named Marley Lenn. Martha loves to play BINGO, knit, and crochet. Cooking was always one of her favorite hobbies also, with pumpkin bread being her favorite thing to prepare. She worked at Bryce Hospital for more than 30 years as an aide. Martha said that moving to Regency Retirement Village was one of the best decisions she's ever made. She's been here since the middle of October of 2020. Since moving here, she has found a new best friend, and her name is Charlotte Andress. Martha loves the sweet, caring atmosphere at Regency.

# **HAPPY BIRTHDAY!**

#### Resident

Joyce Morrow April 04 Prentess Miller April 06 Marjorie Buzzerd April 26

#### **Employee**

Chasaidy Smith April 02 John Lankster April 18 Donna Majkowski April 18 Alperlonia Wilson April 22

## FASTER FACTS YOU PROBABLY DIDN'T KNOW

- » The origin of the Easter Bunny dates back hundreds of years, beginning in pre-Christian Germany. The hare was said to be the symbol of spring and fertility. As Christianity spread across Europe, pagan traditions blended with Christian holidays, which saw the Easter Bunny lay colorful eggs for well-behaved children on Easter Sunday.
- » More than 1.5 million Cadbury Creme Eggs are produced every day. That is 500 million creme eggs per year! If you stacked them on top of each other, you'd have a tower 10x higher than Mount Everest.
- » Decorating Easter eggs is derived from a Ukrainian tradition. This traditional act called "pysanka," involved the use of waxes and dyes, taking off after Ukrainian immigrants came to the U.S.
- » The world's largest Easter egg in Vegreville, Alberta, Canada, stands 31-feet tall, 18-feet wide, and weighs 5,000 lbs.
- » Soft pretzels used to be associated with Easter. It was custom in Germany to eat a pretzel and a hard boiled egg for Easter, because the pretzel twists resembled arms crossed in prayer.
- » The date of Easter changes each year because it is decided by the moon. Easter falls on the first Sunday after the full moon, which is said to signal the beginning of spring.
- » Easter baskets, traditionally used to collect eggs and candy, actually symbolize nests and new life– ideal for this particular holiday.
- » Many American Easter dinners feature ham because of the timing of the holiday. This is because hams cured during the winter months would be ready to serve in early spring.
- » Easter lilies are beautiful blooms that originated in Japan and later arrived in England around the late 18th

## WELCOME NEW RESIDENTS!



Frederick Hinton

John W. Farabee

Mareita James

Doris Jackson



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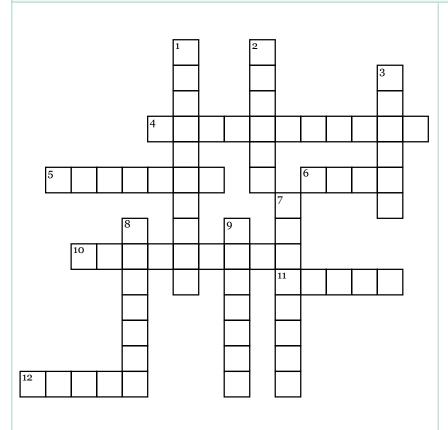
SHAKESPEARE OLYMPICS

EASTER

HUMOR WASHINGTON TITANIC DAISY ARIES APHRODITE

WEBSTER HOUSTON EARTH DIAMOND TAURUS METEOR

## **CROSS-WORD**



#### Across

- 4. The famous playwright, William \_\_\_\_\_
- 5. The birthstone of April
- 6. The Friday before Easter: Friday
- 10. Greek goddess of love
- 11. \_\_\_\_\_Day is celebrated on April 22
- 12. April \_\_\_\_\_Day is celebrated on the first day of April

#### Down

- 1. First U.S. President, George \_\_\_\_\_
- 2. City where the first modern Olympics took place
- 3. The \_\_\_\_\_Meteor Shower appears every April
- 7. One of the birth flowers of April
- 8. "April \_\_\_\_\_bring May flowers"
- 9. "Unsinkable" RMS \_\_\_\_\_

# Thank You,

for your outstanding service & care!

# June Barnett

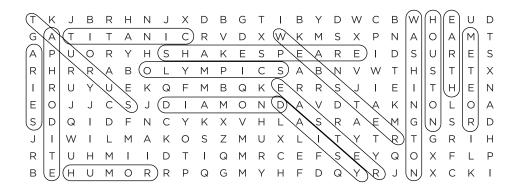
June is an exemplary employee, and a wonderful asset for our residents and community alike. Our team is better because we have her on it, and we can't thank her enough for all she brings to our amazing Regency family. Thank you, June!

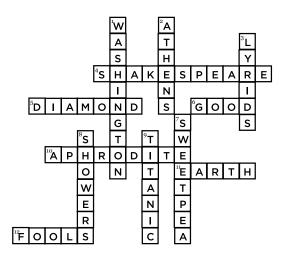
### EMPLOYEE OF THE MONTH

## Patricia Herring

Patricia was born and raised in Huntington Beach, California, and is married to Lary Herring. They are fur parents to Layla, a Yorkshire Terrier. She has three children, three grandchildren, and her youngest is a Sergeant in the Air Force. She loves to go camping, fishing, and horseback riding in her spare time. She has been a nurse for 20 years, and has been at Regency for almost a year now. She said she absolutely loves coming to work and seeing the smiles on the residents' faces everyday. Congrats to Patricia for being Employee of the Month!

#### **ANSWER KEY**





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