

# ASSISTED LIVING

# APRIL 2022 EVENTS

## Regency Retirement Village of Tuscaloosa

5001 Old Montgomery Highway | Tuscaloosa, AL 35405 | (205) 752-5500

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					FUN-tastic Wacky Wardrobe Day 1 9:30 Morning Walk 10:00 BINGO w/Amy 1:30 Forest Funnies 3:00 Music Social 4:00 Puzzle Fun  All Fools' Day	9:30 Morning Coffee Chat 2 10:00 Manager on Duty 1:30 Daily Delight 2:30 Evening Stroll in the Courtyard 3:00 Word Search 4:00 Visit a Neighbor  Ramadan Begins
9:00 Sunday School 3 9:30 Church Worship 10:00 Rest & Relaxation 2:00 Enjoy the Breeze in the Courtyard 4:00 Bible Study w/Jeff McDowell  National Oreo Day	9:30 Morning Meditation 4 10:00 BINGO w/Amy 2:00 Penny Auction w/Chris 3:30 Puzzle Fun 4:00 Read Article from the Newspaper	9:30 Morning Meditation 5 10:00 Fall Prevention/Exercise w/Kim 2:00 Penny Auction w/Janet 3:30 Cranium Crunches 4:00 Read a book from the library(coffee shop)	9:30 Morning Walk 6 10:00 Bible Study w/Deanna Smith 1:30 Resident Council Meeting 2:30 Blood Pressure Clinic with Jonacha Ward 3:00 Music Social 3:30 UNO 4:00 Chat on the Porch	9:30 Morning Meditation 7 10:00 Morning Walk w/Brittani 11:30 Daily Delight 3:00 Alzheimer's & Dementia Support Group w/Laura Raschilla(Oasis) 4:00Hospice Education w/Robert Steinbrook	9:30 Morning Walk 8 10:00 BINGO w/Kevin 11:00 Daily Delight 1:30 Lemonade and Sunshine 2:30 Movie Time 4:00 Chat on the Porch	9:30 Morning Walk 9 10:00 Manager on Duty 1:30 Daily Delight 2:30 Evening Stroll in the Courtyard 3:00 Board Game of Choice 4:00 Chat on the Porch National Girl Scout Day
9:00 Sunday School 10 9:30 Church Worship 10:00 Relax & Relaxation 2:00 March Madness 4:00 Bible Study w/ Jeff McDowell  Palm Sunday	9:30 Morning Exercise 11 10:00 BINGO 11:00 Daily Delight 2:30 Bunny Craft 3:00 Music Social 4:00 Puzzles	10:00 Sittercise 12 10:00Pampering Day w/ Celestine Parker from Mary Kay 1:30 Daily Delight 2:30 Bible Study w/Harry Garrett 3:30 King's Corner 4:00 Chat on the Porch	9:30 Morning Meditation 13 10:00 Bible Study w/Deanna Smith 11:00 Daily Delight 2:00 Manicures 3:30 Word Search 4:00 Read Article from the Newspaper	9:30 Morning Walk 14 10:00 Garden Planting Party 11:00 Daily Delight 1:30 Let's Soak Up Some Sunshine 3:00 Board Games of Choice 4:00 Chat on the Porch	9:30 Morning Walk 15 10:00 Arts and Craft w/Debbie Lavender 2:00 Pie Tasting Social 2:30 Music Social 4:00 Puzzle Fun  Good Friday Passover Begins	9:30 Morning Coffee Chat 16 10:00 Manager on Duty 1:30 Daily Delight 2:30 Evening Stroll in the Courtyard 3:00 Word Search 4:00 Puzzle Fun
9:00 Sunday School 17 9:30 Church Worship 10:00 Rest & Relaxation 11:00 Easter Brunch 2:00 Enjoy the Breeze in the Courtyard 4:00 Bible Study w/Jeff McDowell  Easter Sunday	9:30 Morning Walk 18 10:00 Penny Auction w/Debbie Lavender 2:00 BINGO 2:30 Evening Walk w/Walking Club 3:30 Board Game of Choice 4:00 Chat on the Porch	9:30 Morning Meditation 19 10:00 Pet Therapy w/Rob & Bonnie(Pro Health Home Health & Hospice) 1:30 Ice Cream Social Outside 3:30 Phase 10 Game 4:00 Visit a Neighbor	9:30 Morning Walk 20 10:00 Bible Study w/Deanna Smith 11:00 What's Cooking Wednesday? Picnic Style 1:00 Manicures w/Shelton State 3:30 Music Social	9:30 Morning Walk 21 10:00 Morning Exercise 1:30 Easter Egg Critters 2:00 Easter Jeopardy Trivia 4:00 Visit a Neighbor	9:30 Morning Walk 22 10:00 Bingo w/Amy 11:00 Daily Delight 1:30 Jeopardy "Earth" Trivia 2:00 Movie Matinee 4:00 Chat on the Porch  Earth Day	9:30 Morning Coffee Chat 23 10:00 Manager on Duty 1:30 Daily Delight 2:30 Evening Stroll in the Courtyard 3:00 Word Search 4:00 Visit a Neighbor
9:30 Church Worship 24 10:00 Relax & Relaxation 2:00 Enjoy the breeze in the Courtyard 4:00 Bible Study w/Jeff McDowell	10:00 Bingo w/ Kiara Davis 25 1:30 UnCreepy Crawly Scavenger Hunt 2:30 Mod-Mixed Media Tree 4:00 Read Article from the Newspaper	9:30 Morning Walk 26 10:00 Bible Study w/Harry Garrett 1:30 Snack and Chat 2:30 Forest Funnies 3:00 Dominoes 4:00 Read Article from the Newspaper	9:30 Morning Meditation 27 10:00 Bible Study w/Deanna Smith 1:00 Daily Delight 1:30 Manicures 3:30 Card Game Fun 4:00 Puzzle Fun	9:30 Morning Meditation 28 10:00 EZ Music Picture the Song 2 1:30 Afternoon Stroll 3:00 Word Search 4:00 Chat on the Porch	9:30 Morning Walk 29 10:00 BINGO 2:00 Birthday Celebration with Taylor 2:30 Branching Out w/ Tree Trivia 3:00 Tree Need Game 4:00 Puzzle Fun  Arbor Day	9:30 Morning Coffee Chat 30 10:00 Manager on Duty 1:30 Daily Delight 2:30 Evening Stroll in the Courtyard 3:00 Word Search 4:00 Visit a Neighbor