

WHAT'S COMING UP

May 1

May Day

May 5

Cinco de Mayo

May 7

Kentucky Derby

May 8

Mother's Day

May 21

Armed Forces Day

May 25

National Senior Health &
Fitness Day

May 30

Memorial Day



MAY 2022 NEWSLETTER



Hello Regency Family and Friends!

Spring has sprung!

We are so excited about the many new faces of Regency. You will notice that our list of new residents grows each month. We have also been transitioning residents from other communities to join our family. This month we had Marjorie Sullivan refer a resident and because of her referral, she will receive \$2500 either in credit or cash (her choice). If you would like to also get \$2500 simply refer a friend at 205-752-5526.

Our maintenance manager has been working on our community. You will notice small but meaningful upgrades made to many of the rooms such as vanities, lighting and mirrors. Most of you have met Chase who maintains our lawn. He held a meeting for all Garden Home residents who gave their thoughts on improvements. Consequently, our front entrance has had a facelift with fresh flowers. We will continue to improve our community each day. If you have suggestions, we are always open and available for communication. You can call 205-752-5526 or email me at janderson@regencytuscaloosa.com.

Come join us for a daily activity or a meal, we enjoy seeing our families. I also encourage you to volunteer individually or with a group to keep our residents engaged throughout the year.

We love serving the residents and our families!

Jennifer Anderson,
Executive Director



Adopt a Pet Day — April

Adopt a Pet Day was a success! A special thank you to Amy Creel with Amedisys for bringing some sweet animals for our memory care residents. Those smiles tell it all!



Jesus is My Pot of Gold — April

We all know Jesus is the reason for the season. To celebrate Him we made crafts that proclaimed “Jesus is my pot of gold!”



“Sip and Paint” — April

These ladies enjoyed sparkling wine, cheese and fruit while they painted some beautiful spring pictures..



Fall Prevention Exercise Techniques — April

We had fun learning some exercise techniques. Thank you to Beau Green for the great information on fall prevention! Special shout out to Mrs. Terry for participating in the exercises with Mr. Green from Right At Home Senior Care



Lessons in Technology

Every Monday in May at 3:00 pm

Every Monday in May at 3pm in the activities room the University of Alabama Lift Program will be helping and teaching our residents how to navigate through technology.



Mother's Day

Sunday, May 8th

Mother's Day is a celebration honoring the mother of the family or individual. We will be having a Mother's Day Pampering Day and a Mother's Day Tea. We will also enjoy some songs of Mother's Day and Motherhood.



Karaoke and Good Food

Saturday Evenings in May

The Dietary team hosts this event every Saturday evening in the dining room where residents can eat while others sing, or sing while others eat!



EMPLOYEE
APPRECIATION
DAY

Bbq and Blues Celebration for the Employee of the Year

Due to COVID-19 we were not able to recognize the employee of the year last year. This year we will be recognizing the past employee of the year and all of our employees of the month. All residents, staff, and families are encouraged to attend



Jewelry Class May 25th

On May 25th, Mrs. Regina Gant will be hosting a jewelry class for residents and staff



Ice Cream in a Bag May 12th

Look forward to May 12th! We're going to sat outside, enjoy the breeze and make some ice cream in a bag



Smile It's Picture Day

We will be having a picture day for residents and staff. Bring those big beautiful smiles

Save
the
Date

Mondays — Lift Program
Saturdays — Karaoke

May 8th — Mother's Day
May 12th — Outside Ice Cream Making



Mary Rose Murphy Bailey

Mary was born December 30, 1928 and is the seventh of eight children from Judge Freeman Murphy and Lilly Ragland Murphy. Mary, her four brothers and four sisters grew up in Eoline, AL. Her father was a hog farmer and a Justice of the Peace.

Mary and her siblings were brought up during The Depression and worked hard to be self-sufficient. They raised cows, hogs, chickens and vegetables from their large garden and field crops. One of Mary's favorite things is syrup and she enjoyed the neighbors coming to help make the ribbon cane syrup. There was always syrup and homemade biscuits on the table.

Mary and two of her sisters graduated from the University of Alabama. The egg money from their farm paid her way through college (1948-1951). Mary received her degree in Social Science and worked for Human Resources in Bibb County.

Mary married Robert Lee Bailey in 1955 and had two sons, Danny and David. Mary moved into the Regency Retirement Village in late November 2021. She enjoys painting, coloring, playing dominoes and Bible study. Her health has improved since joining us, and she's thankful to have made some good new friends.

WELCOME NEW RESIDENTS! 🏠

Mary Miller
Janice "Janice" Thomas Hamilton
Sally Hunter
Clara "Cal" Brooks
Sylvia N. Hanna
Della G. Carter
Lynn Jackson



Happy Birthday 🌸

Resident

Charles Robedeau	May 3	Minnie Jackson	May 9
Doris Jackson	May 3		

Employee

Rajeeyah Peters	May 1	Haleigh Lundell	May 16
Kaitlyn Rentas	May 3	Yolanda Richardson	May 25
Christopher McClain	May 8	Jennifer Anderson	May 26
Shawanda Hood	May 9	Miranda Curry	May 27
Bethanie Defee	May 10	June Barnett	May 28
Gailbriel Mayfield	May 10		

FUN FACTS

- » The name May is the modern-day English adaption of the Latin word Maius, which has origins going back to the time of the ancient Greeks. They named the month of May (or Maius) after the Greek goddess of growth.
- » A Roman poet by the name of Ovid had different ideas surrounding the etymology of the naming of May. He claimed that it was from the word Maiores, the Latin word for "elders," that the month gained its name.
- » The word May wasn't actually used until the middle ages were on their way out, around the 15th Century AD. Up until then, the Roman word Maius was still used.

WORD FIND

E X M V I C T O R I A B C W R G M S T A U R U S Z
 U U I W E L Y K J Y B U D R I E I K K C Q H B J O
 C M R H H M C P S T Q R K K C M L M G C C A D H Y
 X M N O A Z P H J S Y G L R N I K A O D Z W K E Q
 U J A A V C H I I Z U E C B K N I I D X L T F E W
 K C F I T I F C R N O R G I C I N U D S I H E P F
 Y J G I O R S M O E U X K C C J G S E F L O T Z Y
 S N L X M R Z I G A R L A N D S S A S P Y R A T Y
 V F F F O V E Y O E M E R A L D Y F S T D N Q O N
 G L D G K M N S Q N R Z M J R C Z K K P I Q X T R

EUROVISION

GARLANDS

GODDESS

GEMINI

MILKING

MAIORES

BURGER

MAIUS

HAWTHORN

EMPIRE

TAURUS

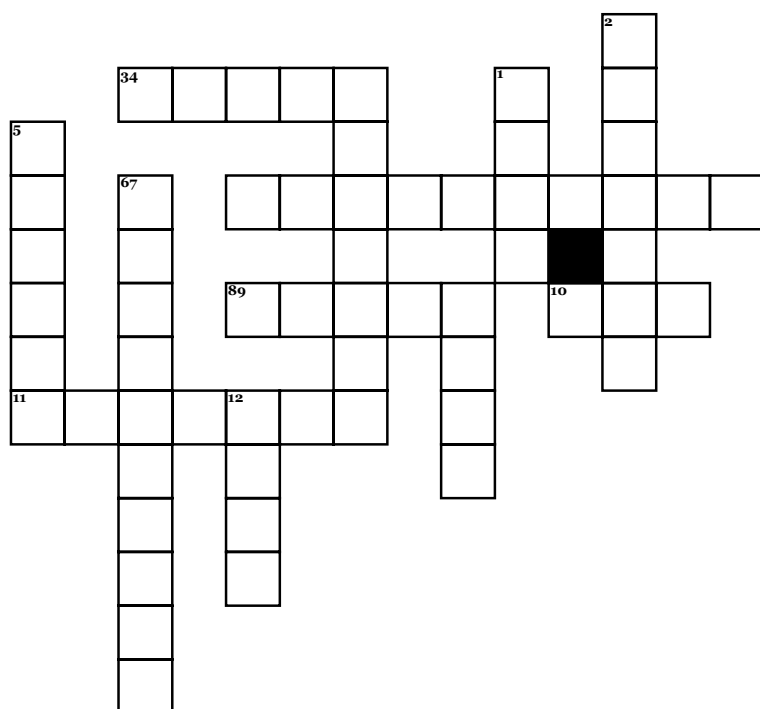
ETA

VICTORIA

EMERALD

LILY

CROSS-WORD



Down

1. A Roman poet by the name of _____
2. Emeralds are symbols of fertility and? _____
4. May was once considered an incredibly ill-omened time to get _____
5. The word May wasn't actually used until the _____ ages
6. It is said that those born in May have a greater chance of being more _____ in life.
9. May is a special time for _____ Wars fans world wide.
12. A Famous Swedish pop group? _____

Across

3. There's the Cornish superstition that buying a new _____ in May is unlucky.
7. May is the month that the _____ song contest is held every year
8. The Latin word for May? _____
10. Every year there is a particular meteor shower in May called the? _____ Aquariids meteor shower.
11. The birthstone for May is the? _____

EMPLOYEE OF THE YEAR

Haleigh Lundell

I was born in Jackson, Mississippi but I've lived in Tuscaloosa for most of my life. I graduated from Hillcrest High School and am currently trying to go back to school and continue my education in the medical field. I hope to become a nurse one day. I started at Regency a year out of high school. I was introduced to the practice by taking care of my sick mom, and I've been here ever since. I enjoy helping other people. My six-year anniversary at Regency was this year. When I'm not working at Regency I'm at home taking care of my niece and nephew. I spend my free time soaking up the sun in the pool or shopping. Thank you all for choosing me to be Employee of the Year.

EMPLOYEE OF THE MONTH

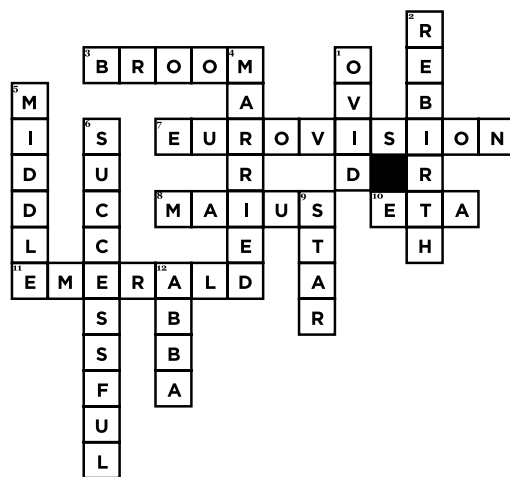
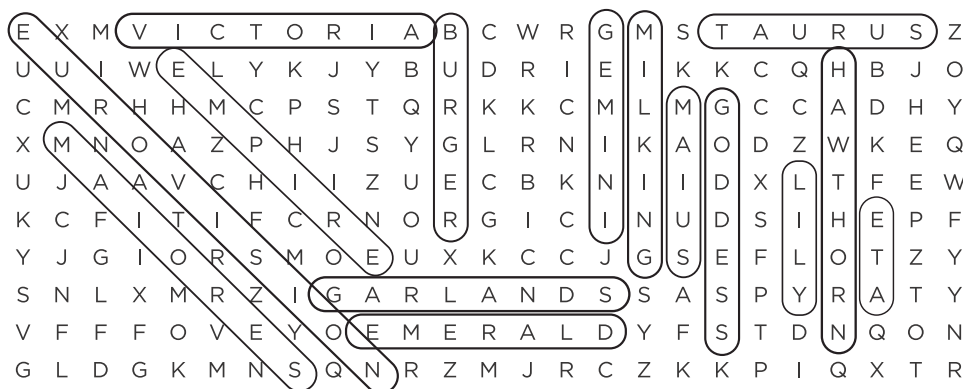
Marcus Prince



Marcus is from Tuscaloosa, AL where he attended Hillcrest High School and the University of Alabama for Broadcast Journalism. Outside of Regency he enjoys golfing, swimming, skiing, poker, chess and coaching little league football

and baseball. Marcus is our driver at Regency Retirement Village of Tuscaloosa and he loves getting to know the residents when we go out. Marcus wants to say that he appreciates everyone who chose him to be Employee of the Month. Thank you for everything you do, Marcus!

ANSWER KEY



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