

WHAT'S COMING UP

September 4th

National Wildlife Day

September 5th

International Day of Charity
Labor Day

September 6th

National Read a Book Day

September 8th

World Physical Therapy Day

September 9th

International Sudoku Day

September 11th

Grandparents Day
Patriot Day

September 15th

Greenpeace Day

September 16th

POW/MIA Recognition Day

September 21st

World Alzheimer's Day
World Gratitude Day

September 22nd

Fall Equinox
Falls Prevention
Awareness Day

September 23rd

Native American Day

September 25th

National Cooking Day
Rosh Hashanah

September 28th

National Good Neighbor Day

SEPTEMBER 2022 NEWSLETTER



Hello Regency Family and Friends,

I want to thank each of you for being part of our community. We love serving our residents and families.

If you are not getting regular text messages from me about our events, please call me at (205) 752-5500. Communication is key to our success.

With all costs increasing in our world today, you will see an increase in your rent. If you have not received a personal note from me yet, you will soon. One way to help subsidize your increase is by sharing with others about our community. Friends do make the best neighbors. If you refer an individual to Beakie Powell and they move in to our community, after 60 days, you receive a \$2,500 check or one month free.

Thank you for choosing Regency! I hope to see everyone at our Fall Football Tailgates and other special events planned for our residents and their families. For a list of events, check out our activity calendar.

See you soon!

Jennifer Anderson,
Executive Director

A+





Joshua's Joy Ministry

Joshua's Joy Ministry is a nonprofit ministry based on the memory of her son Joshua White. They are just starting out but are sharing with local nursing homes, surgical centers, and cancer treatment centers. They will be sending the cards to different facilities to be passed out randomly. Join us in helping spread this joy with Stephanie Fields White and Robin Dean.



Luau Party

Aloha! We had a ball at our Luau party. We ate good food and moved and grooved to James and James. Our good friends Jenny and Jonacha from Enhabit brought their snow cone machine so residents could enjoy snow cones along with our fruit!





National S'mores Day

On August 10th we recognized the most popular campfire treat, s'mores! The residents enjoyed making them but the best part was definitely eating them!



Fruit Salad Mason Jars

Regency Tuscaloosa held a music social and residents enjoyed listening to tunes while painting mason jars. We made pineapple, watermelon, and strawberry jars!





Regency Pep Rally

September 1st at 1:00 pm

Join us for our Regency Pep Rally. We have some special guests that will be stopping by from the University of Alabama! Our good friends Jenny Laubscher and Jonacha Ward from Enhabit Home Health and Hospice will help host our event. Wear your favorite sports team colors and let's have some fun!



Regency Kick-Off Tailgate

September 2nd at 2:00 pm

We will be having a Tailgate "Happy Hour" to kick off Alabama's first home game versus Utah State. We will serve beer and snacks.



Labor Day Luncheon

September 5th at 11:00 am

Join us for some good ole BBQ! Let's mingle and reflect on Labor Day which pays tribute to the contributions and achievements of American workers.





Coffee and Donuts with Grandparents

September 11th

While we honor our grandparents every day, take an extra moment to appreciate all the joy and wisdom that grandparents bring to our lives! Invite your grandchildren to have coffee and donuts with you!



Outing to Paul W. Bryant Museum and Picnic in the Park

September 19th at 10:00 am

Our memory care residents will be going on an outing to Paul W. Bryant Museum. We will see exhibits, artifacts, and memorabilia trace of the long history of University of Alabama football. After we will enjoy a nice lunch at the River Road park.



National Voter Registration Day

September 20th at 10:00 am and 1:00 pm

National Voter Registration Day involves volunteers and organizations from all over the country hitting the streets in a single day of coordinated fields, technology, and media efforts. Please come see Peggy Hammer and Louise Lewis an hour before lunch and one after lunch.



National Alzheimer's Day

September 21st at 3:00 pm

Join us with Laura from Oasis Hospice in the activity room. We are raising awareness about the disease, dementia, common symptoms, and the risk factors of Alzheimer's. Come and get a better understanding of this disease.



Nancie Lavater Buck



Nancie Lavater Buck was born September 19th, 1922 in Mount Olive, Alabama, to her parents Willie Belle and James Washington Brown. She has five siblings James Price, William Edward, Annie Belle, John Fred, and Mary Ellen. Nancie Lavater was the 2nd child and was named after her maternal

grandmother. Her baby brother Fred is 93 and he calls and visits with her weekly.

In the 1930s the family moved to Tuscaloosa and Lavater graduated from Tuscaloosa County High School in 1940. She finished Tuscaloosa Business College in 1941 to become a bookkeeper. Over the years Lavater worked at several places as a bookkeeper. Her last job was as the bookkeeper for John Curry Furniture.

Lavater met her husband Murray George Buck in

Tuscaloosa before World War II. Murray was also a native of Tuscaloosa. Murray's three-year service with the Army Air Corps interrupted the romance, but after the war, Lavater and Murray married on August 9, 1947. They were married for 46 years until Murray passed away on February 20th, 1994.

Lavater and Murray enjoyed visiting with Murray's nieces and nephews. She regularly treated them to Saturday matinees at the downtown theaters and always remembered them with birthday cards. Lavater attended Alberta Baptist Church and was a lifelong member, often taking one of her nieces with her to church and out to lunch when they were young.

She still reads the Tuscaloosa News Journal every day. She loves working on crossword puzzles, watching baseball, and following Alabama football. Lavater's family and friends will celebrate with her on Sunday, September 11, 2022, from 2:00-4:00 with a 100th birthday celebration at Regency Retirement Village.

WELCOME NEW RESIDENTS! 🏠

Lonnie Mae Morse

Janice Davis

Betty Lawson

James May

Judy Pugh

Happy Birthday

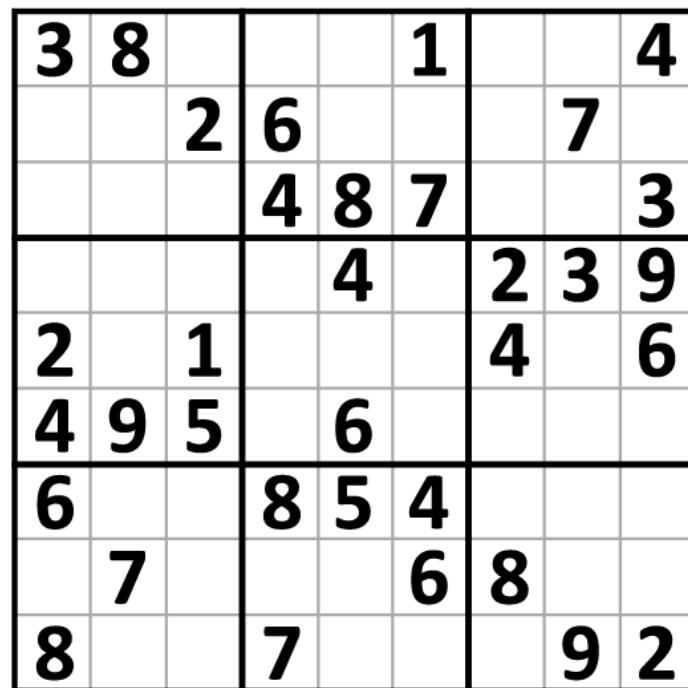
Resident

Brenda Brown	Sept. 3rd
Euvaneil Cambell	Sept. 6th
Clara Brooks	Sept. 9th
Barbara Christopher	Sept. 10th
Margaret Payne	Sept. 16th
Nancie Buck	Sept. 19th



Employee

Wanda Mckinstry	Sept. 12th
Lori Keim	Sept. 27th



WORD FIND

P T I C X J L O I X H C O N S T I T U T I O N S E
 U E Y P S G B D A V A S T E R F F L B E Q C G F Y
 L J N J M Y I A S A D E N E Q U I N O X F I L R K
 I R E T H V G P R A E A L V T Z R U L U P B O O J
 B N V T A X U C Q L P Y I V A J E M Q G I O R M B
 R R B K R G A L H R E P Y W Z V I R G O R S Y A V
 A Z B Q V B O X C I J Y H A K F U M W T A T U N M
 X U V V E W I N I A G Q W I X B X Q Y J T O L Z Q
 J B N H S H V C G G N F J W R N A M G P E N S D W
 U C K S T P Z R E A P Q Q P O E T I M D B H H D F

CONSTITUTION

LIBRA

BOSTON

BARLEY

ASTER

SAPPHIRE

HARVEST

FIRE

VULCAN

GLORY

EQUINOX

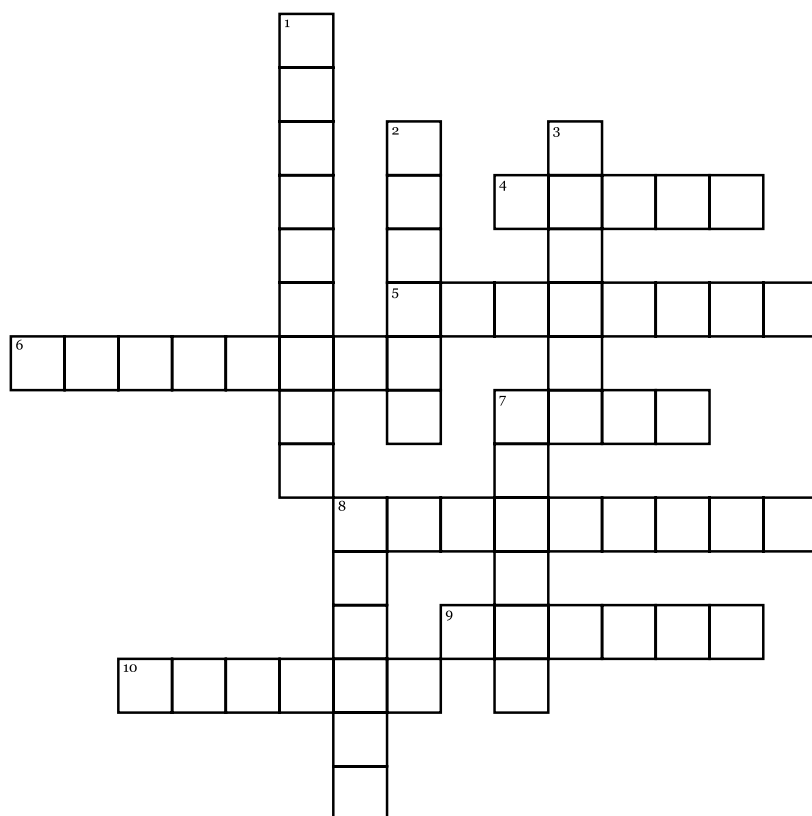
PENTAGON

PIRATE

VIRGO

ROMAN

CROSS-WORD



Down

1. In 1752 the British Empire changed the calendar from Julian to _____.
2. What was September's name in the ancient Roman calendar? _____
3. September 13th is International Talk Like a _____ Day.
7. The first newspaper in the US was published in _____.
8. On September 1, 1939 Hitler invaded _____.

Across

4. September has two star signs Virgo and _____.
5. The common sapphire is blue due to high contents of _____ and iron.
6. What is September's birthstone? _____
7. National Drink a _____ Day is in September.
8. Sapphires protect the wearer from _____ and evils.
9. On September 2, 1666, fire burned the city of _____.
10. Who is the Roman god of fire? _____

EMPLOYEE OF THE YEAR

Haleigh Lundell

I was born in Jackson, Mississippi but I've lived in Tuscaloosa for most of my life. I graduated from Hillcrest High School and am currently trying to go back to school and continue my education in the medical field. I hope to become a nurse one day. I started at Regency a year out of high school. I was introduced to the practice by taking care of my sick mom, and I've been here ever since. I enjoy helping other people. My six-year anniversary at Regency was this year. When I'm not working at Regency I'm at home taking care of my niece and nephew. I spend my free time soaking up the sun in the pool or shopping. Thank you all for choosing me to be Employee of the Year.

EMPLOYEE OF THE MONTH

Deneice Powell



Deneice Powell was born November 25th, in Tuscaloosa Alabama to her parents Bessie Powell, and father Lusion the third. She is the youngest of six girls.

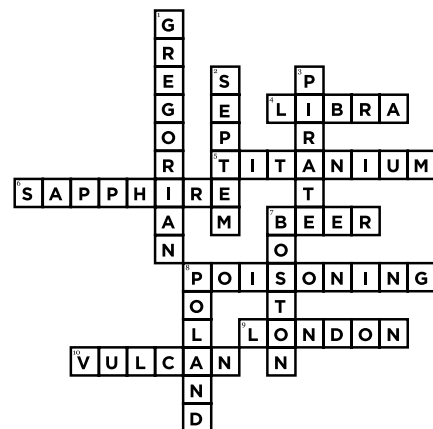
She has been married for seven years. Deneice has two beautiful daughters, Shamyia and Sher'Laysia. She attends Road to Glory Pentecostal Church in Tuscaloosa, Alabama. Deneice loves to play pool and spend time with her family.

Her favorite food is fried green tomatoes and she is a Florida Gators fan.

Deneice has been a certified nursing assistant for over seventeen years. She has been with Regency for over five months and loves taking care of the residents. She enjoys playing games and talking with residents throughout her shift. Deneice would like to thank everyone that chose her for Employee of the Month!

ANSWER KEY

P T I C X J L O I X H C O N S T I T U T I O N S E
U E Y P S G B D A V A S T E R F F L B E Q C G F Y
L J N J M Y I A S A D E N E Q U I N O X F I L R K
I R E T H V G P R A E A L V T Z R U L U P B O O J
B N V T A X U C Q L P Y I V A J E M Q G I O R M B
R R B K R G A L H R E P Y W Z V I R G O R S Y A V
A Z B Q V B O X C I J Y H A K F U M W T A T U N M
X U V V E W I N I A G Q W I X B X Q Y J T O L Z Q
J B N H S H V C G G N F J W R N A M G P E N S D W
U C K S T P Z R E A P Q Q P O E T I M D B H H D F



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4	9	5	3	6	2	7	8	1
6	2	9	8	5	4	3	1	7
1	7	3	2	9	6	8	4	5
8	5	4	7	1	3	6	9	2