## Pathways | Intentional Memory Care

## JANUARY 2023 EVENTS

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A	SUNDAY	Monday	TUESDAY	WEDNESDAY	Thursday	Friday	SATURDAY
	9:00 Sunday School 9:30 Church Worship 10:00 Snacks with Muisc 1:30 Adult Coloring Pages 2:30 Pet Thearpy	9:00 Morning Exercise 10:00 National Buffet Day: Slideshow 1:30 IN2L Would You Rather Game	9:00 Morning Exercise 10:00 Bible Study w/ Harry Garrett 1:30 National Buffet Slideshow 2:00 Sponge Snowman Craft	8:30 Morning Devotional 9:00 Morning Exercise 10:00 Bible Study w/ John McKay 11:00 What's Cooking Wednesday? National Spaghetti Day 2:00 Movement & Motivation w/ Joseph Biache 3:00 Ring Toss Game 4:00 IN2L Karaoke	9:00 Morning Exercise 10:00 Drum Therapy: Regency Rhythm Band 2:00 Talecris Plasma Resources Talk w/ Desiree Bing 3:00 Dated Winter Picture Frame	8:30 Morning Devotional 9:00 Morning Exercise 10:00 National Technology Day: Reminisce 1:30 What Did It Cost? Appliance Trivia 2:00 Apple Craft 3:00 BINGO	8:30 Morning Prayer 7 9:00 Morning Exercise 10:00 Old Rock Day: Travel to Colorado 1:30 Slideshows: Wonders of the Word 2:30 Nature: Mountains and Caves Videos
	9:30 Church Worship 10:00 IN2L Sing-Along w/ Susie Q 1:30 BINGO 2:0010:00 Drum Therapy: Regency	9:00 Morning Exercise 10:00 Saltbox Movie: The Carol Burnett Show 1:30 Trivia Collection 2:30 Reminisce: Commercials	9:00 Morning Exercise 10:00 Bible Study w/ Harry Garrett 1:30 Slideshow: Birds 2;30 Raptor Birds Trivia 3:00 IN2L Game	8:30 Morning Prayer 1 9:00 Morning Exercise 10:00 Bible Study w/ John McKay 2:00 Joshua's Joy Ministry 3:00 Blood Pressure Clinic w/ Jenny (Enhabit) 4:00 Travel: To Arkansas	9:00 Morning Exercise 10:00 Winter Wishes Box Craft 12:30-2 Manicures w/ Shelton State Community College	9:00 Morning Exercise 10:00 Classic Radio 1:30 Finger Painting 2:30 Sing Along w/ Susie Q	8:30 Morning Devotional 14 9:00 Morning Exercise 10:00 Sing Along w/ Susie Q 1:30 IN2L Karaoke 2:30 IN2L Guess The Animal Sound Game 3:30 Pet Therapy
	9:30 Church Worship 10:00 IN2L Worship Music: The Peasall Sisters 1:30 IN2L Saltbox Movie 2:30 Pet Therapy	8:30 Morning Devotional 9:00 Morning Exercise 10:00 MLK Puzzles 1;30 MLK Trivia	9:00 Morning Exercise 10:00 Bible Study w/ Harry Garrett 1:30 Pass The Ball Game	8:30 Morning Devotional 9:00 Morning Exercise 10:00 Bible Study w/ John McKay 1:30 Travel to Michigan 2;30 IN2L Trivia 3:00 IN2L Attractions 4:00 IN2L Word Game	9:00 Morning Exercise 10:00 Cotton Ball Penguin Craft 1:30 Watch Cooking Video 2:30 IN2L Happy Neuron 3:00 Therapy: Train Your Brain	<ul> <li>8:30 Morning Devotional 20</li> <li>9:00 Morning Exercise</li> <li>10:00 National Coffee Break Day</li> <li>Coffee and Chat Social</li> <li>1:30 IN2L Colombian Coffee Video</li> <li>2:30 Penguin Videos</li> <li>3:00 Penguin Trivia</li> </ul>	8:30 Morning Prayer 21 9:00 Morning Exercise 10:00 Saltbox Movie 1:30 Bowling Fun 2:30 Pattern Block Puzzles 3:30 IN2L Karaoke Fun
er al	9:30 Church Worship 10:00 IN2L Games 1:30 IN2L Comfort Music 2:30 Adult Coloring Pages	9:00 Morning Exercise 10:00 Finger Painting 1:30 Cup Cake Decoration 2:30 1960 Junk Drawer Detective 3:30 Exercise w/ Jenny (Enhabit)	9:00 Morning Exercise 10:00 Bible Study w/Harry Garrett 1:30-3:30 Matter of Balance Class w/ Lauran Ballard	8:30 Morning Prayer 2 9:00 Morning Exercise 10:00 Bible Study w/ John Mckay 2:00 Jousha's Joy's Ministry 3:00 Pet Therapy 4:00 Domino Game For Men	9:00 Morning Exercise 10:00 Psalm 17:6 Prayer Box Craft 1:30-3:30 Matter of Balance Class w/ Lauran Ballard	8:30 Morning Prayer 27 9:00 Morning Exercise 10:00 Holiday Clean Up Junk Drawer Detective 2:00 January Birthday Celebration 3:00 You Can Puzzle Too	8:30 Morning Devotional 9:00 Morning Exercise 10:00 IN2L Great Art: Marilyn Diptych 1:30 Saltbox Movie 2:30 IN2L Jukebox 3:00 Adult Coloring Pages 4:00 Pet Therapy
	10:00 Church Worship 10:00 IN2L Saltbox Movie 1:30 IN2L Jukebox 2:30 Pet Therapy	9:00 Morning Exercise 10:00 IN2L Short Stories Audiobooks 1:30 Men's Program: Sports of the 60s 2:30 Football Highlights for the men 3:00 IN2L BINGO	8:30 Morning Prayer 31 9:00 Morning Exercise 10:00 National Hot Chocolate Day 10:30 IN2L Therapeutic Music 1:30-3:30 Matter of Balance Class w/ Lauran Ballard (Area Aging on Aging) 4:00 Cool Down Walk				
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## **Regency Retirement Village of Tuscaloosa** 5001 Old Montgomery Highway | Tuscaloosa, AL 35405 | (205) 752-5500