

ASSISTED LIVING

MAY 2023 EVENTS

Regency Retirement Village of Tuscaloosa

5001 Old Montgomery Highway | Tuscaloosa, AL 35405 | (205) 752-5500

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	9:00 Morning Walk 10:00 BINGO 2:00 Craft 3:00 Exercise w/Jenny(Enhabit) 4:00 Cool Down Walk Outside	9:00 Morning Meditation 10:00 Bible Study w/Harry Garrett 1:00-2:00 Tuscaloosa Book Mobile 3:00 UNO Attack	9:00 Morning Walk 10:00 Bible Study w/John McKay 2:00 Resident Council Meeting 2:30 Manicures 3:30 Exercise	8:30 Morning Meditation 9:00 Devotional w/Brain Moon 10:00 Bean Bag Toss Outside 2:00 Would You Rather Game 3:00 Game w/Jenny(Enhabit)	9:00 Morning Walk 10:00 BINGO 2:00 Cinco de Mayo Social 3:00 Trivia	9:00 Morning Meditation 10:00 Manager Special TBD 2:00 Daily Delight 3:00 Word Search 4:00 Evening Stroll	
9:00 Sunday School w/Jimmy Singley 9:30 Church Worship w/John & Peggy McKay 10:00 Manager Special 2:00 Daily Delight	9:00 Morning Walk 10:00 BINGO 11:00 Lunch at The Front Porch 2:00 Penny Auction w/Chris (CornerStone Caregivers) 3:30 Exercise w/Jenny(Enhabit)	9:00 Morning Meditation 10:00 Bible Study w/Harry Garrett 2:00 Penny Auction w/Lisa (Southern Care) 3:00 Trivia	9:00 Morning Walk 10:00 Bible Study w/John Mckay 2:00 Joshua's Joy Ministry 3:00 Cranium Crunches 4:00 Word Search	8:30 Morning Meditation 9:00 Devotional w/Brain Moon 9:30-1:30 West Alabama Senior Citizen Appreciation Day 10:00 Word Searches 2:30 Who, What, Where	9:00 Morning Walk 10:00 BINGO 2:00 Mother's Day Tea 3:00 Music Social	9:00 Morning Meditation 10:00 Manager Special TBD 2:00 Board Game of Choice 3:00 Daily Delight 4:00 Resident Choice	
9:00 Sunday School w/Jimmy Singley 9:30 Church Worship w/John & Peggy McKay 10:00 Manager Special 11:00 Fine China Luncheon 2:00 UNO 3:00 Enjoy The Breeze Outside	9:00 Morning Walk 10:00 Chair BINGO w/Rhegan (Alabama Hospice Care) 2:00 Northport Walmart Shopping 3:30 Exercise w/Jenny(Enhabit)	9:00 Morning Meditation 10:00 Bible Study w/Harry Garrett 2:00 May Random Trivia 3:00 Remembering Television and Favorite Shows	9:00 Morning Walk 10:00 Bible Study w/John McKay 2:00 Blood Pressure Clinic w/Jenny (Enhabit) 3:00 Manicures	8:30 Morning Meditation 9:00 Devotional w/Brain Moon 10:00 EZ Music: Finish the Song Lyrics 2:00 Music w/David Kennedy 3:00 Evening Stroll Outside	9:00 Morning Walk 10:00 BINGO 12:00-5:00 Spring Market 2:00 Ice Cream Social Outside	9:00 Morning Meditation 10:00 Manager Special TBD 2:00 Daily Delight 3:00 Word Search 4:00 Evening Stroll	
9:00 Sunday School w/Jimmy Singley 9:30 Church Worship w/John & Peggy McKay 10:00 Manager Special 11:00 Fine China Luncheon 2:00 Resident Choice 3:00 Enjoy The Breeze Outside	9:00 Morning Walk 10:00 BINGO 2:00 UNO and Karaoke 3:30 Exercise w/Jenny(Enhabit)	9:00 Morning Meditation 10:00 Bible Study w/Harry Garrett 2:00 Tie-Dye Shirts 3:30 Music Social	What's Cooking Wednesday? BBQ Style 9:00 Morning Walk 10:00 Bible Study w/John McKay 11:00 Community of the Month Celebration 2:00 Joshua's Joy Ministry 3:00 Exercise	8:30 Morning Meditation 9:00 Devotional w/Brain Moon 10:00 Button Butterfly Craft 2:00 Penny Auction w/Jenny (Enhabit) 3:00 Craft	9:00 Morning Walk 10:00 BINGO 2:00 Penny Auction w/Taylor (Forest Manor) 3:00 Exercise 3:30 Cool Down Walk	9:00 Morning Meditation 10:00 Manager Special TBD 2:00 Get Some Fresh Air 3:00 UNO 4:00 Daily Delight	
9:00 Sunday School w/Jimmy Singley 9:30 Church Worship w/John & Peggy McKay 10:00 Manager Special 11:00 Fine China Luncheon 2:00 Board Game of Choice 3:00 Enjoy The Breeze Outside	9:00 Morning Walk 10:00 BINGO 1:00 Country Ride 3:30 Exercise w/Jenny(Enhabit)	9:00 Morning Meditation 10:00 Bible Study w/Harry Garrett 2:00 Jeopardy Game 3:00 UNO	9:00 Morning Walk 10:00 Bible Study w/John Mckay 2:00 Birthday Celebration 3:00 May Trivia				