

ASSISTED LIVING

SEPTEMBER 2023 EVENTS

Regency Retirement Village of Tuscaloosa

5001 Old Montgomery Highway | Tuscaloosa, AL 35405 | (205) 752-5500

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					FUN-tastic Friday: Pirate Day 9:00 Morning Meditation 10:00 BINGO 1:30 Movie Matinee 2:00 Popcorn Friday 3:00 Exercise	9:00 Morning Meditation 10:00 Manager Special TBD 2:00 Word Search 3:00 Board Game of Choice 4:00 Evening Stroll Alabama VS. Middle Tennessee (Time & Channel To Be Announced)
9:00 Sunday School w/Jimmy Singley 9:30 Church Worship w/John & Peggy McKay 10:00 Manager Special 11:00 Fine China Luncheon 2:00 Daily Delight 3:00 Enjoy a Nice Breeze in the Courtyard	9:00 Morning Walk 10:00 BINGO What's Cooking? Picnic Style 2:00 Labor Day Word Search 2:30 Puzzle Fun 3:00 Exercise 4:00 Evening Walk in Courtyard	9:00 Morning Walk 10:00 Bible Study w/Harry Garrett 12:30-2:00 Manicures w/Shelton State 2:00 September IQ 3:00 Who,What, Where	9:00 Morning Meditation 10:00 Bible Study w/John McKay 2:00 Resident Council Meeting 2:30 Popsicle Soical 3:00 Muisc Soical 4:00 Exercise	8:30 Morning Walk 9:00 Devotional w/Brain Moon (ProHealth Home Health and Hospice) 10:00 Homemade Pipe Cleaner Snail Craft 2:00 Movie Matnee 2:30 Snow Cone Soical	9:00 Morning Walk 10:00 BINGO w/Amy Creel (Amedisys Home Health Care) 2:00 Pet Therapy w/Rob & Bonnie 2:30 August Modern Jeopardy Trivia 3:30 UNO	9:00 Morning Meditation 10:00 Manager Special TBD 2:00 Daily Delight 3:00 Board Game of Choice 4:00 Evening Stroll Alabama VS. Texas (Time & Channel To Be Announced)
9:00 Sunday School w/Jimmy Singley 9:30 Church Worship w/John & Peggy McKay 10:00 Manager Special 11:00 Fine China Luncheon 2:00 Card Game 3:00 Enjoy a Nice Breeze in the Courtyard	9:00 Morning Meditation 10:00 BINGO 11:00 Lunch at Logans 2:00Penny Auction w/Chris (Cornerstone Caregivers) 3:00 Exercise 3:30 Evening Walk in Courtyard	9:00 Morning Meditation 10:00 Bible Study w/Harry Garrett 2:00 Lemonade Social 3:00 Cranium Crunches 4:00 Word Search	9:00 Morning Walk 10:00 Bible Study w/John McKay 2:00 Manicures 2:30 National Peanut Day w/Coke 3:30 Exercise 3:30 Evening Walk in Courtyard	8:30 Morning Meditation 9:00 Devotional w/Brain Moon (ProHealth Home Health and Hospice) 10:00 Grief Bereavement Support Group w/Brian Moon 2:00 Cactus Garden -Rock Painting 3:00 Flower Pot Painting	9:00 Morning Meditation 10:00 BINGO w/ 1:30 Movie Matinee: 2:00 Snow Cone Friday 3:00 Exercise	9:00 Morning Walk 10:00 Manager Special TBD 2:00 Word Search 3:00 Board Game of Choice 4:00 Evening Stroll Alabama AT South Florida (Time & Channel To Be Announced)
9:00 Sunday School w/Jimmy Singley 9:30 Church Worship w/John & Peggy McKay 10:00 Manager Special 11:00 Fine China Luncheon 2:00 Board Game of Choice 3:00 Enjoy a Nice Breeze in Courtyard	9:00 Morning Walk 10:00 Craft w/ Debbie Bonner 11:30 "ROMEO" Lunch Outing (MEN'S GROUP ONLY) 1:00-2:00 The Culverhouse School of Accountancy (LIFT Students) 2:00 BINGO 3:00 Exercise 3:30 Evening Walk in Courtyard	9:00 Morning Walk 10:00 Bible Study w/Harry Garrett 2:00 Fall Wreath Craft 2:30 Septemeber Random Triva 3:30 Word Search	9:00 Morning Meditation 10:00 Bible Study w/John McKay 2:00 Penny Auction w/Brandy (Alabama Hospice Care) 3:30 Exercise 4:00 Evening Walk in Courtyard	8:30 Morning Walk 9:00 Devotional w/Brain Moon (ProHealth Home Health and Hospice) 10:00 August Random Trivia 11:00 Veterans Luncheon	9:00 Morning Walk 10:00 BINGO 2:00 National Ice Cream Cone Day 2:30 Music Social 3:30 Exercise	9:00 Morning Meditation 10:00 Manager Special 2:00 Cranium Crunches 3:00 UNO Attack 4:00 Evening Stroll Alabama VS. Ole Miss (Time & Channel To Be Announced)
9:00 Sunday School w/Jimmy Singley 9:30 Church Worship w/John & Peggy McKay 10:00 Manager Special 2:00 Card Game 3:00 Enjoy Nice Breeze in the Courtyard	9:00 Morning Meditation 10:00 BINGO 1:00-2:00 The Culverhouse School of Accountancy (LIFT Students) 1:30 Country Ride 2:30 Word Search 3:00 Exercise 3:30 Evening Walk in Courtyard	9:00 Morning Meditation 10:00 Bible Study w/Harry Garrett 2:00 Penny Auction w/Lisa (Southern Care New Beacon) 3:00 Music Social	9:00 Morning Walk 10:00 Bible Study w/John McKay 2:00 Manicures 3:00 Exercise 3:30 Evening Walk in Courtyard	8:30 Morning Meditation 9:00 Devotional w/Brain Moon (ProHealth Home Health and Hospice) 10:00 Decorate Fall Garden Hats 2:00 Cranium Crunches 3:00 Fill in the blank	9:00 Morning Walk 10:00 BINGO 2:00 Birthday Celebration for September Birth Month 2:30 Crossword 3:30 Exercise	9:00 Morning Walk 10:00 Manager Special TBD 1:30 Afro American Gospel Choir 2:00 Get Some Fresh Air 3:00 Daily Delight 4:00 Evening Stroll Alabama AT Mississippi State (Time & Channel To Be Announced)