

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			9:00 Morning Meditation <sup>1</sup> 10:00 Bible Study w/John McKay 2:00 Penny Auction w/ Chris (Cornerstone Caregivers) 3:00 Resident Council Meeting 4:00 Exercise	8:30 Morning Walk <sup>2</sup> 9:00 Devotional w/Brian Moon (ProHealth Home Health and Hospice) 10:00 Craft 2:00 Alzheimer's Disease Awareness Social w/Laura Raschilla (Southern Care New Beacon)	9:00 Morning Meditation <sup>3</sup> 10:00 Penny Auction w/ Debbie Bonner 2:00 BINGO 3:00 Exercise 3:30 Evening Walk in Courtyard	9:00 Morning Meditation <sup>4</sup> 10:00 Hands in Paws Pet Therapy 2:00 Cranium Crunches 3:00 UNO Attack 4:00 Evening Stroll
9:00 Sunday School <sup>5</sup> w/Jimmy Singley 9:30 Church Worship w/John & Peggy McKay 10:00 Manager Special 11:00 Fine China Luncheon 2:00 Daily Delight, Walk to End Alzheimer's, Regency Rhythm Band 3:00 Enjoy a Nice Breeze in the Courtyard	9:00 Morning Walk <sup>6</sup> 10:00 BINGO 11:00 Texas Roadhouse - ROMEO MEN GROUP LUNCH 1:00 Lift Students (Culverhouse School of Accountancy) 2:00 National Nachos Day and Trivia 3:00 Exercise	9:00 Morning Meditation <sup>7</sup> 10:00 Bible Study w/Harry Garrett 12:30-2 Manicures w/ Shelton State Community College 1:00-2:00 Bookmobile 1:30 BINGO w/Blood Pressure Clinic w/ Alden(Enbait Home Health and Hospice) 2:30 Hot Cider and Wish Upon a Bone Trivia	9:00 Morning Walk <sup>8</sup> 10:00 Bible Study w/John McKay 1:30 Slinky Centerpiece Craft 2:30 Music Social 3:00 Exercise 3:30 Evening Walk in Courtyard	9:00 Devotional w/Brian Moon <sup>9</sup> (ProHealth Home Health and Hospice) 10:00 Grief Bereavement Support Group w/Brian Moon 2:00 Yummy Snack Social (National Greek Yogurt Day) 3:00 Remembering Chores and Allowance	9:00 Morning Walk <sup>10</sup> 10:00 BINGO w/Amy and Monica (Amedisys Home Health Care) 2:00 Veterans Honor Walk 3:00 Down South Entertainment w/David Ladewig 3:30 Exercise 4:00 Evening Walk in Courtyard	9:00 Morning Walk <sup>11</sup> 10:00 Manager Special TBD 2:00 Word Search 3:00 Board Game of Choice 4:00 Evening Stroll
9:00 Sunday School <sup>12</sup> w/Jimmy Singley 9:30 Church Worship w/John & Peggy McKay 10:00 Manager Special 11:00 Fine China Luncheon 2:00 Card Game 3:00 Enjoy a Nice Breeze in the Courtyard	9:00 Morning Walk <sup>13</sup> 10:00 BINGO 11:00 Cici's Pizza Lunch Outing 1:00 Lift Students (Culverhouse School of Accountancy) 3:00 Exercise 3:30 Evening Walk in Courtyard	9:00 Morning Meditation <sup>14</sup> 10:00 Bible Study w/Harry Garrett 2:00 Autumn Paper Art Craft 3:00 Test Your November IQ 3:30 Puzzles and Games Trivia	9:00 Morning Walk <sup>15</sup> 10:00 Bible Study w/John McKay 2:00 Roll a Turkey 2:30 Thankful for Thanksgiving 4:00-6:00 What's Cooking Wednesday? Tis the Season to be Thankful "Thanksgiving Dinner"	8:30 Morning Walk <sup>16</sup> 9:00 Devotional w/Brian Moon (ProHealth Home Health and Hospice) 10:00 Popsicle Stick Scarecrow 2:00 Button Craft 3:00 November Random Trivia	9:00 Morning Meditation <sup>17</sup> 10:00 BINGO w/Kelly Bonner (Hospice of West Alabama) 2:00 Penny Auction w/ Lisa Nixon (Forest Manor) 3:00 Exercise 3:30 Evening Walk in Courtyard	9:00 Morning Walk <sup>18</sup> 10:00 Manager Special TBD 2:00 Get Some Fresh Air 3:00 Daily Delight 4:00 Evening Stroll
9:00 Sunday School <sup>19</sup> w/Jimmy Singley 9:30 Church Worship w/John & Peggy McKay 10:00 Manager Special 11:00 Fine China Luncheon 2:00 Board Game of Choice 3:00 Enjoy a Nice Breeze in Courtyard	8:30 Morning Walk <sup>20</sup> 10:00 BINGO 1:00 Lift Students (Culverhouse School of Accountancy) 10:00 Hot Cider & Remembering Chores & Allowance 2:00 Thanksgiving Turkey Necklaces 3:00 Exercise 3:30 Evening Walk in Courtyard	8:30 Morning Meditation <sup>21</sup> 10:00 Bible Study w/Harry Garrett 2:00 "Unbelievable Facts About the Pilgrims" w/Jim Philips 3:00 Who Am I? 3:30 What Am I?	8:30 Morning Walk <sup>22</sup> 10:00 Bible Study w/John McKay 2:00 Family (and Friends) Feud! 3:00 Snack and Chat 3:30 Exercise 3:30 Evening Walk in Courtyard	9:00 Devotional w/Brian Moon <sup>23</sup> (ProHealth Home Health and Hospice) 10:00 Turkey Day Trivia 2:00 Turkey Day Word Search Packet	8:30 Morning Walk <sup>24</sup> 10:00 BINGO 2:00 IRON BOWL PARTY 3:00 Exercise 3:30 Evening Walk in Courtyard	00 Morning Meditation <sup>25</sup> 9:30 Caring Days Walk 10:00 BINGO w/ Al Muquit Court (Senior Citizen Group) 2:00 Word Search 3:00 Board Game of Choice 4:00 Evening Stroll
9:00 Sunday School <sup>26</sup> w/Jimmy Singley 9:30 Church Worship w/John & Peggy McKay 10:00 Manager Special 1:00 Country Ride 2:00 Card Game 3:00 Enjoy Nice Breeze in the Courtyard	9:00 Morning Walk <sup>27</sup> 10:00 BINGO 1:00 Lift Students (Culverhouse School of Accountancy) 2:00 Hot Cider and Trivia 3:00 Exercise 3:30 Evening Walk in Courtyard	9:00 Morning Meditation <sup>28</sup> 10:00 Bible Study w/Harry Garrett 2:00 Hearing & Screening w/The University of Alabama 3:30 UNO	9:00 Morning Meditation <sup>29</sup> 10:00 Bible Study w/John McKay 2:00 Calk Walk w/Lisa Tingle (Southern Care New Beacon) 3:00 November Random Trivia 3:30 Exercise	9:00 Devotional w/Brian Moon <sup>30</sup> (ProHealth Home Health and Hospice) 10:00 Cooking Class National Mousse Day 10:30 November Jeopardy Trivia 2:00 Birthday Celebration for November Birthdays 3:00 Music Social		