

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					Fun-tastic Friday: Plaid Day ¹ 9:00 Morning Walk 10:00 BINGO 2:00 Movie Matinee: Jingle Jangle A Christmas Journey 3:30 Exercise 4:00 Mail Run & One-on-Ones	9:00 Morning Meditation ² 10:00 Hands in Paws Pet Therapy 2:00 Word Search 3:00 Board Game of Choice 4:00 Evening Stroll
9:00 Sunday School w/Jimmy Singley 9:30 Church Worship w/John & Peggy McKay 10:00 Manager Special 11:00 Fine China Luncheon 2:00 Daily Delight 3:00 Enjoy a Nice Breeze in the Courtyard ³	9:00 Morning Walk 10:00 BINGO w/Kim Smith (Right At In Home Care and Assistance) 9:30 Shopping and Lunch at University Mall 2:00 Test Your December IQ 3:00 Exercise 4:00 Mail Run & One-on-Ones 5:15 West Alabama Christmas Parade ⁴	9:00 Morning Meditation ⁵ 10:00 Bible Study w/Harry Garrett 12:30-2 Manicures w/ Shelton State Community College 1:00-2:00 Bookmobile 2:00 JUILET Meeting 3:30 Mail Run & One-on-Ones	9:00 Morning Walk ⁶ 10:00 Bible Study w/John McKay 10:30 Sounds of Joy 2:00 Penny Auction w/ Chris (Cornerstone Caregivers) 3:00 Resident Council Meeting 3:30 Exercise 4:00 Mail Run & One-on-Ones	8:30 Morning Meditation ⁷ 9:00-12:00 Wellness Expo Outing 2:00 Joshua's Joy Ministry 2:30 Snowflake Ornament Craft 3:00 Christmas Music Trivia 4:00 Mail Run & One on	9:00 Morning Walk ⁸ 10:00 BINGO 2:00 Movie Matinee: Dolly Parton Christmas on the Square 3:30 Exercise 4:00 Mail Run & One-on-Ones	9:00 Morning Meditation ⁹ 10:00 Manager Special TBD 2:00 Get Some Fresh Air 3:00 Daily Delight 4:00 Evening Stroll
9:00 Sunday School w/Jimmy Singley 9:30 Church Worship w/John & Peggy McKay 10:00 Manager Special 11:00 Fine China Luncheon 2:00 Card Game 3:00 Enjoy a Nice Breeze in the Courtyard ¹⁰	9:00 Morning Meditation ¹¹ 10:00 BINGO 2:00 Christmas Cookies Decorating and Christmas Music Trivia 3:00 Exercise 3:30 Mail Run & One-on-Ones	9:00 Morning Walk ¹² 10:00 Bible Study w/Harry Garrett 1:30 Blood Pressure Clinic and Fall Prevention Talk w/Alden (Enhabit Home Health and Hospice) 3:00 Can You Picture This? w/Hot Chocolate 3:30 3:30 Mail Run & One-on-Ones	9:00 Morning Meditation ¹³ 10:00 Bible Study w/John McKay 2:00 David Kennedy Performance 3:00 National Cocoa Day w/UNO Card Game 3:30 Mail Run & One-on-Ones	8:30 Morning Walk ¹⁴ 9:00 Devotional 10:00 Clay Pot Christmas Tree Craft 2:00 Pet Therapy w/Rob and Bonnie (Oasis Hospice) 3:30 Mail Run & One-on-Ones	9:00 Morning Meditation ¹⁵ 10:00 BINGO 2:00 Movie Matinee: White Christmas 3:00 Exercise 3:30 Mail Run & One-on-Ones 4:00-6:00 "Tis The Season To Be Jolly" Christmas Party	9:00 Morning Walk ¹⁶ 10:00 Ballet Arts and Fitness Performance 2:00 Cranium Crunches 3:00 UNO Attack 4:00 Evening Stroll
9:00 Sunday School w/Jimmy Singley 9:30 Church Worship w/John & Peggy McKay 10:00 Manager Special 11:00 Fine China Luncheon 2:00 Board Game of Choice 3:00 Enjoy a Nice Breeze in Courtyard ¹⁷	8:30 Morning Walk ¹⁸ 10:00 BINGO 2:00 National Bake Cookies Day w/Music Social 3:00 IN2L Tablets 3:30 Mail Run & One-on-Ones	8:30 Morning Meditation ¹⁹ 10:00 Bible Study w/Harry Garrett 10:00 Penny Auction w/Lisa (Southern Care New Beacon) 2:00 River of Praise Performance 3:00 Cranium Crunches 3:30 Mail Run & One-on-Ones	9:00 Morning Walk ²⁰ 10:00 Bible Study w/John McKay 1:30 The Night RIGHT Before Christmas Game w/Kayson (ProHealth Home Health and Hospice) Left Right Game 2:00 New York Trivia 3:00 Popcorn Social w/Music 3:30 Mail Run & One-on-Ones	8:30 Morning Meditation ²¹ 10:00 Decorating Christmas Stockings 2:00 Sip and Paint "Christmas Style" 3:00 Cranium Crunches 3:30 Mail Run & One-on-Ones	8:30 Morning Walk ²² 10:00 BINGO 2:00 Penny Auction w/Lisa (Forest Manor Rehab) 2:30 Who's Your Santa? (Secret Santa Gift Exchange) w/Hot Chocolate Bar 3:30 Mail Run & One-on-Ones	9:00 Morning Meditation ²³ 10:00 Manager Special TBD 2:00 Word Search 3:00 Board Game of Choice 4:00 Evening Stroll
9:00 Sunday School w/Jimmy Singley 9:30 Church Worship w/John & Peggy McKay 10:00 Manager Special 1:00 Country Ride 2:00 Card Game 3:00 Enjoy Nice Breeze in the Courtyard ^{24/31}	9:00 Morning Meditation ²⁵ 10:00 Christmas Activity Packet 2:00 UNO Card Game 3:00 Exercise w/a friend 3:30 Evening Walk in Courtyard	9:00 Morning Walk ²⁶ 10:00 Bible Study w/Harry Garrett 2:00 Craft 3:30 Mail Run & One-on-Ones	8:30 Morning Meditation ²⁷ 10:00 Bible Study w/John McKay 2:00 December Modern Jeopardy Trivia 3:00 IN2L Tablets 3:30 Exercise 3:30 Mail Run & One-on-Ones	8:30 Morning Walk ²⁸ 9:00 Devotional 10:00 Craft 2:00 National Card Playing Day 3:00 Music Social 3:30 Mail Run & One-on-Ones	8:30 Morning Walk ²⁹ 10:00 BINGO 2:00 Birthday Celebration for December Birthdays 2:30 Funny New Year's Resolutions and Jokes 3:00 Exercise 3:30 Mail Run & One-on-Ones	9:00 Morning Meditation ³⁰ 10:00 Hands in Paws Pet Therapy 2:00 Cranium Crunches 3:00 UNO Attack 4:00 Evening Stroll