

WHAT'S COMING UP

December 1st

National Christmas
Lights Day

Rosa Parks Day

December 6th

St. Nicholas Day

December 7th

Hanukkah Starts

December 15th

Bill of Rights Day

National Ugly Sweater Day

Hanukkah Ends

December 16th

National Wreaths Across
America Day

December 20th

Games Day

Go Caroling Day

December 21st

Winter Solstice

December 23rd

Festivus

December 24th

Christmas Eve

December 25th

Christmas Day

December 26th

Kwanzaa Begins

December 31st

New Year's Eve



DECEMBER 2023 NEWSLETTER



Hello Residents,

I would like to personally thank all of our families, residents, and staff for actively participating in our community. There are so many ways to participate, including involvement in activities, meals, events, demonstrating love and support for our staff, attending seminars and training sessions, participating in support groups, and referring new residents to Regency. Your contributions make our community vibrant and connected.

Please take a moment to check the December calendar so that you can schedule some fun with us! You are welcome to bring other individuals with you to the events. We love visitors and we love sharing our community with you and your loved ones.

The holidays bring our attention to our many blessings. We are blessed to take care of the residents and consider them a blessing every day. During the holidays, if you attend the Christmas Parade, be on the lookout for our residents who are riding in the parade. Our Christmas Party for the residents will be December 15th, 2023. Also, this year we will have 13 trees set up outside the community. Please come out on December 14th from 4:00 pm to 6:00 pm to view the trees and enjoy some hot chocolate or apple cider.

We would like to wish everyone a Merry Christmas.

Jennifer Anderson,
Executive Director

Friends Make the Best Neighbors

Would you like a free* month at Regency? Don't forget about our "Friends Make the Best Neighbors" promotion! Invite your friends to move into our community and receive a free month or a check for \$2,500 for each referral who becomes a resident.

**Referring residents will be paid out 60 days from the move-in date.*



ROMEO Men's Group

Our ROMEO men's group luncheon was at LongHorn Steakhouse. We encourage all men to sign up for the group. If you want to sign up, please see Brittani so she can get you a t-shirt. Ladies, I haven't forgotten about you, we will officially start our JULIET women's group in January. If you would like to be a JULIET please see Brittani!



Tuscaloosa Metro Animal Shelter

We enjoyed visiting the Tuscaloosa Metro Animal Shelter. Mrs. Raquel did an excellent job showing us the facility and letting us feed and pet the animals. I encourage you to join us on our next outing!



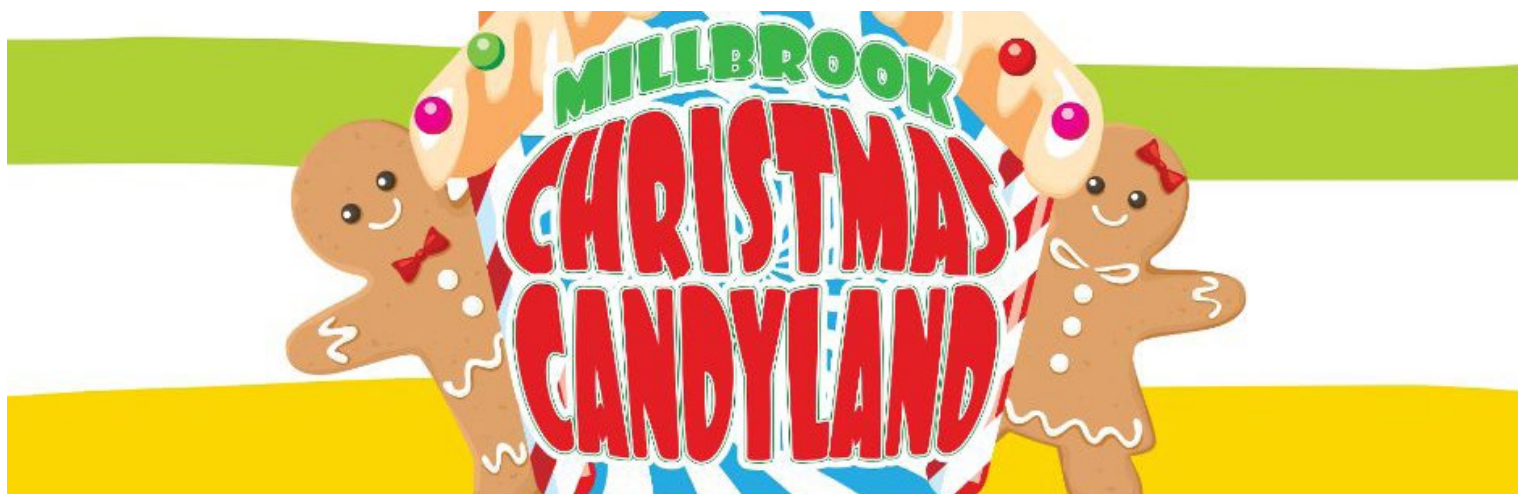
Veterans Honor Walk

Here at Regency Retirement Village of Tuscaloosa, we take pride in honoring our Veterans. The residents and staff stood in the hallway as we cheered and thanked all our Veterans for their services. Hillcrest High JROTC led our walk and our wonderful Veterans walked proudly behind them. We can't thank you all enough for your bravery, sacrifice, and true heroism you have served this country with. We THANK YOU Regency Veterans!



James Spann

We had the pleasure of having James Spann stop by. He talked about his childhood, working at the radio station, and life itself. James told us to stay weather-ready and listen to our weather radios. Here at Regency of Tuscaloosa, we stay weather-ready with our helmets!



West Alabama Christmas Parade

December 4th at 6:30 pm

On Monday, December 4th, we are participating in the West Alabama Christmas Parade. We have chosen the theme Candy Land! We will leave Regency around 4:30 pm and have sack lunches on the bus. If you want to participate in the parade, please sign up at the activity table or see Brittani!



Tis The Season To Be Jolly Holiday Party

December 15th from 4:00 pm to 6:00 pm

Join us for our Holiday Party on December 15th from 4:00 pm to 6:00 pm. Enjoy making memories, laughter, music from James and James, and great food prepared by our dining team! Please RSVP by December 8th.



Who's Your Santa?

December 22nd at 3:00 pm

Back by popular demand – Secret Santa! We will exchange gifts on December 22nd at 3:00 pm while enjoying a nice hot chocolate bar. We ask that gifts be no more than \$20. Please make sure the gift is wrapped with the person's name on it. Please be mindful and respectful of the person's name you have pulled. If you have any questions please see Brittani!



Wellness Expo

December 7th at 9:00 am

Join us for an outing at Focus on Senior Citizen for healthcare vendors, Christmas music, a chance to meet Santa, refreshments and so much more!



What's Cooking Wednesday? Pre-Christmas Brunch

December 20th at 11:30 am

Join us on December 20th for our annual Christmas brunch. The best memories are made at BRUNCH! Don't meet me there BEAT me there!



River of Praise Concert

December 12th at 2:00 pm

Please join us on December 19th for a performance by River of Praise. River of Praise sing country and bluegrass gospel music. They love the Lord and enjoy sharing His message through songs.



University Mall Outing

December 4th from 11:00 am to 2:00 pm

This outing will let the residents shop, have fun, and eat lunch at the University Mall. Families are welcome to meet us at the front entrance of the mall and spend some time with their loved ones. Residents will have two hours to shop, then we will meet in the food court for lunch.



Johnny Lawrence

Johnny was born on Dec 14th at Maxwell Air Force Base in Montgomery, Alabama, to Giles and Gladys Lawrence. He was the middle of two siblings. He has lived in Tuscaloosa most of his life and graduated from Tuscaloosa High School. Johnny married Diane McGahey and they have

been happily married for 55 years! They have awesome children, Scott and Angie, and Johnny is a doting “Papa” to his grandchildren, Reagan and Evan. Johnny

worked for 34 years with the Alabama Department of Transportation and was a District Engineer upon retirement. He also is a Registered Land Surveyor. Johnny was proud to serve 37 years in the US Army Reserve and retired as a lieutenant colonel. Johnny and Diane are avid Crimson Tide fans and love going to Alabama football and basketball games. Johnny started fishing at a young age with his dad and his love for fishing continued. He is happiest on a lake or river in his boat. He also loves playing golf and enjoys driving his grandkids around on a golf cart. Johnny is a member of Skyland Baptist Church. He has also served as a Deacon at Hopewell Baptist Church.

WELCOME NEW RESIDENTS! 🏠

Ruth Shipp
Janelle Langston
Yvonne Banks
Michael Mckay
Vanessa Miller
Allen Goley

Happy Birthday



Resident

Donald Shelton	Dec. 4th
Jackie Lord	Dec. 8th
Linda Burdine	Dec. 12th
Johnny Lawrence	Dec. 14th
Marsha Patterson	Dec. 15th
Ruth Ship	Dec. 20th
Frances Spangler	Dec. 30th
Bettye Hines	Dec. 31st

Employee

Ebony Hughley	Dec. 1st
Christina Coachman	Dec. 4th
Noah Schaetzle	Dec. 14th
Carla Taylor	Dec. 20th
Dorothy Prewitt	Dec. 22nd
Veronica Sanders	Dec. 24th
Evanda Stevens	Dec. 24th



JULIET Women's Group

Slowly but surely, we are starting our JULIET (Just Us Ladies Into Eating Together) women's group. Our first lunch outing won't be until January. We are having a meeting on Tuesday, December 5th at 2:00 pm for all of the ladies that would like to join this special group. This meeting will help us determine our outing, t-shirts and so much more. I am calling all of our Regency ladies to join JULIET! Let us show the ROMEOs who run the house! Please bring all of your ideas and suggestions to the meeting.

WORD FIND

V E S N N X F U I I Z H C Y Q D X F V P I R E U O
 E Q U H U A K O T O P A Z Z Z P X X P M B G Y C R
 A B G W T H T I N D A N G E L G L Z U A Q S G H F
 U V A M F J G I N Z M Y R R H Y C O C R X C E R Y
 Q Y R B D T L V V G V K Y D W W I A X Y N R Y I D
 J R P Q Q Q J X N I G S T A R V E L D W U P E S Y
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 S C S S K W I B V Z F R A N K I N C E N S E T S N

JESUS

FRANKINCENSE

KING

ADVENT

ANGEL

WISE

CHRISTMAS

STAR

MARY

SUGARPLUMS

TOPAZ

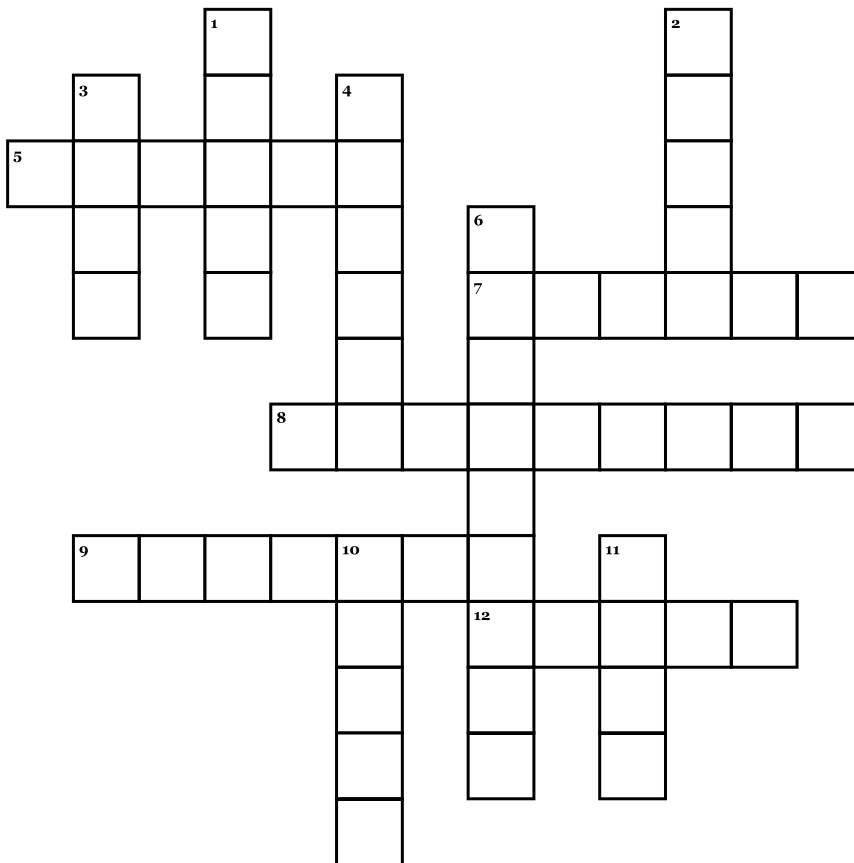
NATIVITY

BETHLEHEM

JOSEPH

MYRRH

CROSSWORD



Down

1. Common Christmas tree topper
2. You might dream of this kind of Christmas
3. Striped mint candy shape
4. Brothers who ushered in the era of flight
6. December's flower
10. One of December's birthstones
11. Kind of men who came to visit Jesus with gifts

Across

5. Away in a _____, no crib for a bed
7. Four week period leading up to Christmas
8. These are hung by the chimney with care
9. Circular evergreens that represent eternal life
12. Clothing for a Christmas tree



Stay Connected!

Join Our Facebook Group

Are you on Facebook? Join our exclusive Friends and Family Group for a fun glimpse into what's happening in our community.

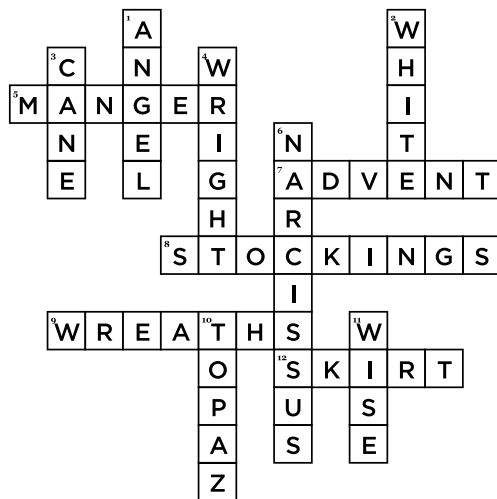
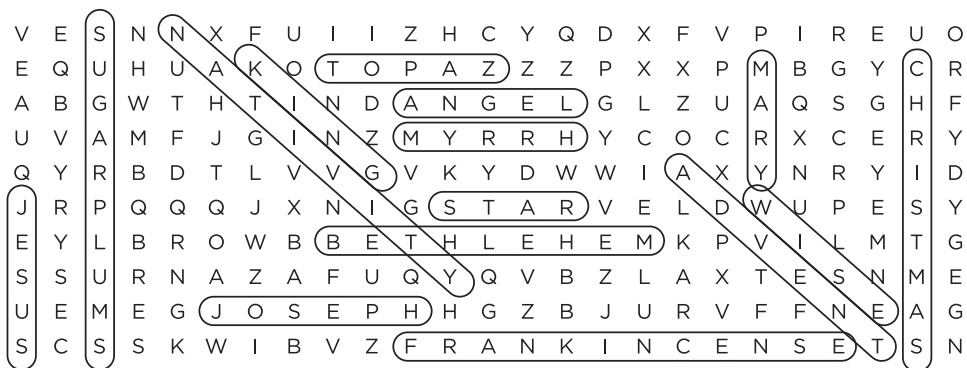


EMPLOYEE OF THE MONTH

Shanequa Noland

Shanequa was born on January 30th to her wonderful parents Dorothy and Charles Noland. She is the seventh of eight siblings. Shanequa graduated from Northridge High School and Bevill State Community College. Her favorite color is pink. Shanequa's favorite hobbies are crafting and traveling. She enjoys shopping, decorating, and spending time with her family. Her favorite place to vacation is Destin, Florida. Shanequa loves football, and her favorite teams are Alabama and the Philadelphia Eagles. She has been in healthcare for ten years. Shanequa has enjoyed forming a bond with Regency's residents and staff. She would like to thank everyone who voted for her for Employee of the Month!

ANSWER KEY



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