

ASSISTED LIVING

JANUARY 2024 EVENTS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	9:00 Morning Walk 10:00 BINGO 2:00 New Year's Social 2:30 Funny New Year's Resolutions and Jokes 3:00 Exercise 3:30 Evening Walk in Courtyard 4:00 Checkers in the Lobby	9:00 Morning Meditation 10:00 Bible Study w/ Harry Garrett 2:00 Alzheimer's & Dementia Support Group w/Laura Raschilla (Southern Care New Beacon) 3:00 Music in Lobby 4:00 Social Hour with Friends	9:00 Morning Meditation 10:00 Bible Study w/ John McKay 2:00 Manicures/Spa Day 3:00 Resident Council Meeting 4:00 Exercise 4:30 Evening Walk in Courtyard	9: Morning Walk 10:00 Penny Auction w/ Chris (Cornerstone Caregivers) 2:00 National Trivia Day 3:00 Snack and Chat 4:00 Social Hour with Friends	FUN-tastic Friday:Pajama Day 9:00 Morning Meditation 10:00 BINGO 2:00 Movie Matinee 3:00 Exercise 3:30 Evening Walk in Courtyard	9:00 Morning Walk 10:00 Hands in Paws Pet Therapy 2:00 Cranium Crunches 3:00 UNO Attack 4:00 Evening Stroll
9:00 Sunday School w/ Jimmy Singley 9:30 Church Worship w/John & Peggy McKay 10:00 Manager Special 11:00 Fine China Luncheon 2:00 Daily Delight 3:00 Enjoy a Nice Breeze in the Courtyard	9:00 Morning Walk 10:00 BINGO 10:00 JULIET Group-Cheesecake Factory 2:00 January Ez Category Trivia w/Snacks 3:00 Exercise 3:30 Evening Walk in Courtyard	9:00 Morning Meditation 10:00 Bible Study w/ Harry Garrett 2:00 Remembering Growing up w/ Siblings and Hot Chocolate 3:00 Test Your January IQ 3:30 Puzzles and Games Trivia	9:00 Morning Walk 10:00 Bible Study w/ John McKay 2:00 New Resident Reception 3:00 Build a Snowman Craft 3:30 Evening Walk in Courtyard 4:00 Social Hour with Friends	9:00 Morning Meditation 10:00 Winter Snowflake Craft 2:00 Penny Auction w/Mallory (Enhabit Home Health & Hospice) 3:00 Games on IN2L Tablet 4:00 Social Hour with Friends	9:00 Morning Walk 10:00 BINGO 2:00 Trivia and Donuts w/ Kierra Davis (Alabama Hospice Care of Tuscaloosa) 3:30 Exercise 4:00 Evening Walk in Courtyard	9:00 Morning Meditation 10:00 Manager Special TBD 2:00 Word Search 3:00 Board Game of Choice 4:00 Evening Stroll
9:00 Sunday School w/ Jimmy Singley 9:30 Church Worship w/John & Peggy McKay 10:00 Manager Special 11:00 Fine China Luncheon 2:00 Card Game 3:00 Enjoy a Nice Breeze in the Courtyard	8:30 Morning Walk 10:00 BINGO 2:00 Q-Tip Snowflake Craft 2:30 M.L.K Trivia 3:00 Exercise 3:30 Evening Walk in Courtyard	8:30 Morning Meditation 10:00 Bible Study w/ Harry Garrett 2:00 Pet Therapy w/ Rob & Bonnie (Oasis Healthcare) 3:00 Kickball 3:30 IN2L Tablet 4:00 Social Hour with Friends	9:00 Morning Walk 10:00 Bible Study w/ John McKay 11-1 What's Cooking Wednesday? Mm! Mm! Good! National Soup Month (Variety of Tasty Soups) 2:00 National Bagel Day ~ Bruegel Bagels with fixings 3:00 Manicures/Spa Day	9:00 Morning Walk 10:00 Beaded Snowflake Craft 2:00 Penny Auction w/ Felicia (Aspire Rehab) 3:00 Oldies but Goodies Music 4:00 A game of UNO	9:00 Morning Meditation 10:00 BINGO w/ Amy and Monica (Amedisys Home Health Care) 2:00 National Popcorn Day 3:00 Exercise 3:30 Evening Walk in Courtyard	9:00 Morning Walk 10:00 Manager Special TBD 2:00-4:00 Special BINGO w/ Al Muqit Court #199 3:00 Daily Delight 4:00 Evening Stroll
9:00 Sunday School w/ Jimmy Singley 9:30 Church Worship w/ John & Peggy McKay 10:00 Manager Special 11:00 Fine China Luncheon 2:00 Board Game of Choice 3:00 Enjoy a Nice Breeze in Courtyard	9:00 Morning Walk 10:00 BINGO 11:00 ROMEO Group-Metro Diner 2:00 Snowman Charm Beaded Necklace Craft 3:00 Exercise 3:30 Evening Walk in Courtyard	9:00 Morning Meditation 10:00 Bible Study w/ Harry Garrett 2:00 Pie Tasting (National Pie Day) 3:30 A Game of UNO	8:30 Morning Walk 10:00 Bible Study w/ John & Peggy Mckay 2:00 Snow Greeters Ledge Decor 3:00 Snack and Chat 3:30 Exercise 3:30 Evening Walk in Courtyard	9:00 Morning Meditation 10:00 Winter Owl Magnet Craft 2:00 Movie Matinee 3:30 Trivia on the IN2L 4:00 Social Hour with Friends	8:30 Morning Walk 10:00 BINGO 2:00 Penny Auction w/ Lisa Nixon (Forest Manor) 2:30 Kick Ball 3:00 Exercise 3:30 Evening Walk in Courtyard	9:00 Morning Meditation 10:00 Manager Special TBD 2:00 Word Search 3:00 Board Game of Choice 4:00 Evening Stroll
9:00 Sunday School w/Jimmy Singley 9:30 Church Worship w/ John & Peggy McKay 10:00 Manager Special 1:00 Country Ride 2:00 Card Game 3:00 Enjoy Nice Breeze in the Courtyard	9:00 Morning Walk 10:00 BINGO 2:00 Game of Operation 3:00 Exercise 3:30 Evening Walk in Courtyard	9:00 Morning Meditation 10:00 Bible Study w/ Harry Garrett 2:00 Would You Rather? 3:30 A Game of UNO 4:00 Social Hour with Friends	9:00 Morning Walk 10:00 Bible Study w/ John & Peggy 2:00 Birthday Celebration for January Birthdays w/ Kelly Bonner (Hospice of West Alabama) 3:00 Manicures/Spa Day			