

## WHAT'S COMING UP

**January 1st**  
Happy New Year!

**January 6th**  
Apple Tree Day

**January 9th**  
National Law Enforcement  
Day

**January 13th**  
Korean American Day

**January 14th**  
Ratification Day

**January 15th**  
Martin Luther King Jr. Day

**January 19th**  
Good Memory Day

**January 20th**  
Take a Walk Outdoors Day

**January 22nd**  
Celebration of Life Day

**January 25th**  
Opposite Day

**January 27th**  
International Holocaust  
Remembrance Day

**January 31st**  
National Hot Chocolate Day



## JANUARY 2024 NEWSLETTER



### ***Regency Family and Friends,***

Happy New Year! Reflecting on the past year, our primary goal was to provide unwavering love and care to our residents, and I am delighted to share that we have successfully achieved that objective. The numerous heartfelt compliments we've received testify to the positive impact of our efforts. While we acknowledge that perfection is elusive, we take pride in knowing that we dedicated ourselves to doing our utmost. We extend our sincere gratitude to you for placing your trust in us to care for and love you or your cherished family members.

As we reflect on the resolutions we penned in our 2023 yearbooks, it's likely that our current realities diverge from those initial aspirations. Life, however, unfolds in unexpected ways, guided by a plan known only to God. Trust that you find yourself precisely where you need to be.

As a young adult, I never envisioned a career in healthcare, yet here I am, grateful for the chance to care for you and your loved ones. Some of our dedicated staff members have transitioned into retirement to embrace more time with their families. While we bid them farewell, we extend our warmest wishes for their new chapters.

Anticipating a vibrant 2024, we welcome new residents and team members to Regency. If you missed the chance to meet them during our Holiday Open House on December 14th, we invite you to drop by and extend a warm hello. Here's to a spectacular year ahead!

Happy New Year!

***Jennifer Anderson,***  
*Executive Director*

### ***Friends Make the Best Neighbors***

Would you like a free\* month at Regency? Don't forget about our "Friends Make the Best Neighbors" promotion! Invite your friends to move into our community and receive a free month or a check for \$2,500 for each referral who becomes a resident.

*\*Referring residents will be paid out 60 days from the move-in date.*



## Donna and Lavonne's Retirement

Celebrating Donna and Lavonne's retirement was a bittersweet event. We want to wish Donna and Lavonne well on their retirement. They will be missed at Regency Retirement Village of Tuscaloosa. Donna has been with us for over nine years and Lavonne for over twenty-eight years. These ladies have always gone above and beyond their job titles. We thank you for everything you both have done with and for us. It's not goodbye, but see you later! We love you, ladies!



## iN2L and Crafts

We have been busy making winter crafts and having fun working with our iN2L. On the iN2L we play games, do trivia, sing alongs and so much more. Don't miss out on our fun activities!





## University of Alabama Speech and Hearing

The wonderful team from the University of Alabama Speech and Hearing Center visited our community, offering residents complimentary hearing screenings and hearing aid checks. If you missed this event, stay tuned— they'll be back soon! A big thank you to these ladies for their generous service!



## Manicure Tuesday

We love a good polish set! Thank you to Haley Coleman and the Shelton State Community College Cosmetology Department for doing a wonderful job giving our residents a spa treatment.





## New Year's Day Social

January 1st at 2:00 pm

It's a celebration! Join us as we ring in the new year with some refreshments, jokes and laughter, of course! What would a new year be without a New Year's resolution? Bring your New Year's resolution to share with us on January 1st!



## Alzheimer's and Dementia Support Group

January 2nd at 2:00 pm

Join us for our Alzheimer's and Dementia Support group with Laura Raschilla! This meeting will be held once a month on the first Tuesday. Our support group is here for you to ask questions and get the support you might be looking for. If you have any questions please give me a call at 205-752-5500.



## JULIET

January 8th at 10:00 am

JULIET = Just Us Ladies Into Eating Together. I am so glad to be starting this women's group with you ladies. Our outings will be on the second Monday of every month. We will be going to the Cheesecake Factory. We will leave Regency around 10:00 am and return around 2:00 pm. If any ladies missed our meeting and would like to join JULIET, please see Brittani.





## **New Resident Reception**

January 10th at 2:00 pm

Welcome to Regency! We are delighted that you have moved into our community. Everyone is invited to welcome our new residents on Wednesday, January 10th at 2:00 p.m. Please come by and introduce yourselves! Refreshments will be served.



## **Special Bingo**

January 20th at 2:00 pm

Al Muqit Court #199 is a non-profit organization in Tuscaloosa, Alabama whose mission is to help the community as much as possible. Join Al Muqit Court #199 for a special Bingo game from 2:00 - 4:00 p.m. on January 20th! Don't meet us there, beat us there!



## **ROMEO**

January 22nd at 11:00 am

ROMEO = Retired Old Men Eating Outing. You handsome gentlemen will be going to Metro Diner on January 22nd at 11:00 am. If any men would like to join our ROMEO group, please see Brittani.



## **National Pie Day**

January 23rd at 2:00 pm

I scream, you scream, we all scream for PIE DAY! National Pie Day is a celebration of pies that occurs annually in the United States on January 23rd. Join us at 2:00 pm for a tasting of different pies.





## Jennifer Davis Clair

Born in Wellesley, Massachusetts, in 1961 to parents Richard and Claire, Jennifer Davis Clair grew up as the middle child with a younger brother and an older sister. A scholarship student at the University of Pennsylvania, she earned a bachelor's degree in nursing. After gaining experience as a nurse,

she pursued a Master of Science in women's ambulatory health at Boston College, becoming a nurse practitioner specializing in infertility. For 35 years, Jennifer dedicated herself to helping couples experience the joy of parenthood, witnessing the smiles on their faces. In 1993, she married Pete Ludovice, retaining her last name for ease of pronunciation. Relocating to Atlanta, Georgia, for Pete's faculty position at Georgia Tech, Jennifer continued her work in infertility medicine. Over three decades in Atlanta, they raised two children, Dylan and Miranda. Jennifer, a passionate animal lover, served as a volunteer board member for a no-kill shelter, fostering numerous dogs. An enthusiastic tennis player, she participated in various leagues throughout her years in Atlanta.

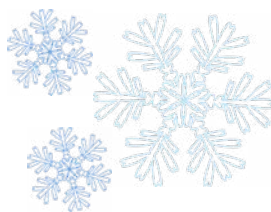
## WELCOME NEW RESIDENTS!

Ruth Shipp  
Janelle Langston

Yvonne Banks  
Michael McKay

Vanessa Miller  
Allen Goley

## Happy Birthday



### Resident

Foy Barge	Jan. 1st
Ruby Fulmer	Jan. 8th
Margaret New	Jan. 8th
Joe Powell	Jan. 8th
Mary Beirne-Smith	Jan. 10th
Donald Kehr	Jan. 15th
Alice Marks	Jan. 27th
Joyce Naramor	Jan. 28th

### Employee

Patricia Herring	Jan. 10th
Vanessa White	Jan. 23rd
Shanequa Noland	Jan. 30th

## COMMUNITY STORY



### Meet Meghan Dauscher

"I started my career journey in the hospitality industry. While working in guest services and sales, I learned a lot of valuable skills relating to customer service. My favorite part of the job was when I was helping others and when I was able to make a positive impact in someone's day or life. I wanted to make a career change that would reflect what my true passion was, but I knew I needed to finish the requirements to obtain a bachelor's degree. Working in hospitality allowed me the opportunity to work while taking classes in college. After completing that goal, I wanted to start my new career journey with a company whose mission involves meeting the needs of individuals and making a positive impact on the lives of other individuals. Since starting at Regency, I have seen the genuine concern and compassion for every resident. I am excited to be a member of the Regency team and I am looking forward to being able to make a positive impact on the lives of the residents at Regency Retirement Village."

### Meghan Dauscher

*Business Office Manager*

We would like to welcome Meghan Dauscher, our new Business Office Manager, to Regency Retirement Village of Tuscaloosa. If you have not already met her, join us on January 17th for the new residents' reception!

## WORD FIND

W	R	J	B	E	G	I	N	N	I	N	G	X	C	K	T	E	M	R	T	V	Q	L	Q	R
M	I	B	F	L	M	W	B	U	G	Y	J	C	A	S	R	W	N	P	R	U	H	W	O	E
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GARNET

BEEF

ELLIS

HYDROX

FRANKLIN

BEGINNING

JANUARY

CARNATION

RESOLUTION

ROSE

WINTER

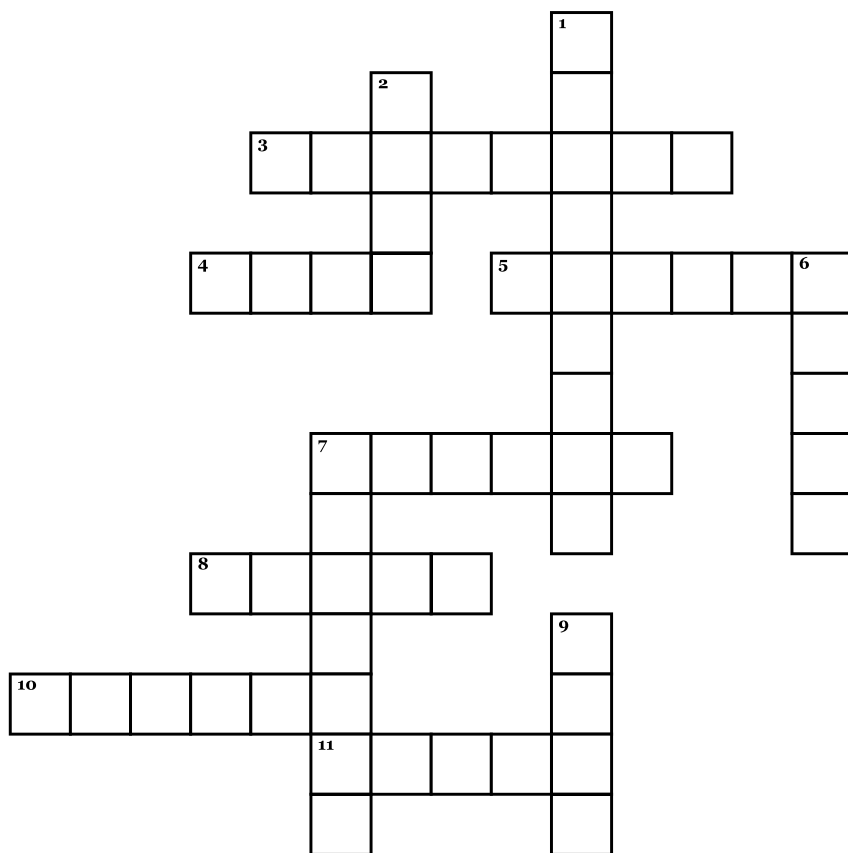
EPIPHANY

WOLF

SNOWDROP

RIGHTS

## CROSSWORD



### Down

1. One of January's birth flowers
2. January's Moon
6. Famous Square
7. Franklin's note
9. Bowl Game in Pasadena

### Across

3. January's other birth flower
4. Famous slogan, "Where's the \_\_\_\_?"
5. January's birthstone
7. The original chocolate sandwich cookie
8. Roman god with two heads
10. He added the 31st day to January
11. Island for Immigrants to America

## EMPLOYEE OF THE MONTH

### Angela Green



My name is Angela Denise Green. I'm the fifth out of ten children of Reverend Jimmy and Brenda Green. I'm the proud mother of one child, Dr. Angelica Weatherspoon, DPT. I started in healthcare as a housekeeper, then as a CNA, and I've been an LPN for almost eighteen years. I love God, church, family, friends, music, dancing, and fast cars. I would like to thank everyone who nominated me for Employee of the Month for January!

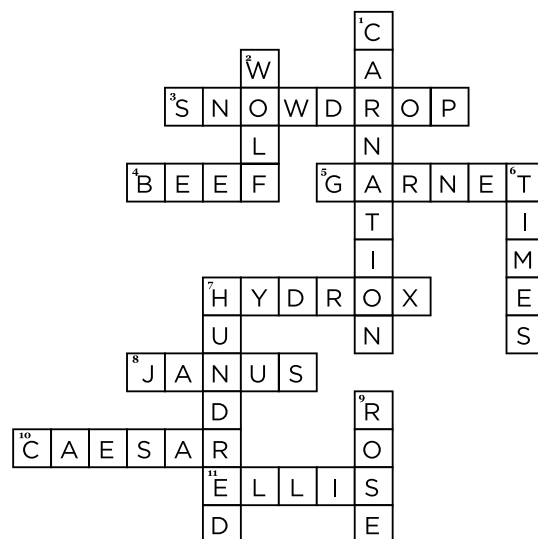
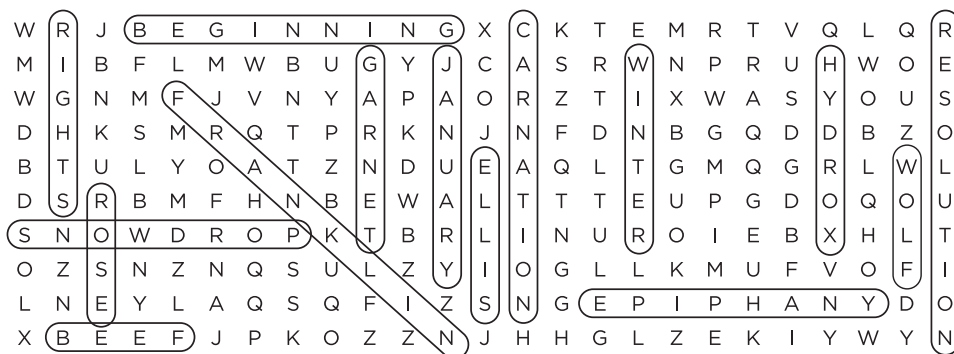
## EMPLOYEE OF THE YEAR

### Dorothy Prewitt



My name is Dorothy Prewitt. At a very young age, around 17 years old, I remember having a passion for caring for others who needed my assistance. In 1964, I started working at Saint Francis Hospital in Monroe, Louisiana, and was the youngest employee. I now understand that helping others is a mission from the Lord! I later moved back to Alabama, where I married the late Dr. Ohara Milton Prewitt and served as First Lady for the Apostolic Church of Jesus Christ in 1977. In 1990, I was employed by Skyland Oak Retirement Center, which is now called Regency Retirement Village of Tuscaloosa. For the last 30 years, I have worked alongside outstanding coworkers and care for those who need assistance. I want to thank the corporate office and local administrator for recognizing my years of service.

## ANSWER KEY



## CONNECT WITH US

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