

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			9:00 Morning Meditation 10:00 Bible Study w/ John McKay 2:00 Cornhole 3:00 Chair Exercise	9:00 Morning Walk 10:00 Penny Auction w/Chris (Cornerstone Caregivers) 1:30 Tic-Tac Game 2:30 Who, What Where 3:30 Music Social Thursday	FUN-Tastic Friday: 1980s Day 9:00 Morning Meditation 10:00 BINGO 2:00 Cinco de Mayo Social 3:00 Resistance Bands & Lower Back	9:00 Morning Walk 10:00 Manager Special TBD 10:00 Pet Therapy w/Hand In Paw 2:00 Cranium Crunches 3:00 UNO Attack 4:00 Evening Stroll
9:00 Sunday School w/ Jimmy Singley 9:30 Church Worship w/ John & Peggy McKay 10:00 Manager Special TBD 2:00 BoardGame of Choice 3:00 Word Search	9:00 Morning Walk 10:00 BINGO 2:00 UNO Card Game 3:00 Resistance Bands & Lower Back	9:00 Morning Meditation 10:00 Bible Study w/ Harry Garrett 10-2:00 Outing to CONNECT 1:00-2:00 Bookmobile 2:00 Manicures	9:00 Morning Walk 10:00 Bible Study w/ John McKay 2:00 National Have a Coke Day 3:00 Beats of the Body: A Musical Exercise	9:00 Morning Meditation 10:00 1st Baptist Church of Tuscaloosa Senior Choir w/Joe Zieggar 2:00 Mother's Day Social (Muffins w/MOM) 3:30 Music Social w/Trivia	9:00 Morning Walk 10:00 BINGO 2:00Can You Picture This? 2:30 Snow Cone Friday 3:00 Resistance Bands & Lower Back	9:00 Morning Meditation 10:00 Manager Special TBD 2:00 Word Search 3:00 Board Game of Choice 4:00 Evening Stroll
9:00 Sunday School w/ Jimmy Singley 9:30 Church Worship w/ John & Peggy McKay 10:00 Manager Special TBD 2:00 Nice Refreshing Walk in the CourtYard 3:00 Daily Delight	9:00 Morning Meditation 10:00 BINGO 11:00 JULIET Lunch Outing Applebee's 2:00 National Apple Day 3:00 Resistance Bands & Lower Back	9:00 Morning Walk 10:00 Bible Study w/ Harry Garrett 10-2:00 Outing to CONNECT 1:30 Nature Walk Outside (If the weather permits) 2:30 Lemonade in Courtyard	9:00 Morning Meditation 10:00 Bible Study w/ John McKay 11:00-1:00 What's Cooking Wednesday: Take Me Out to the Ballgame 2:00 Barbecue and Backyard Games Trivia 3:00 Chair Exercise	9:00 Morning Walk 10:00 Name That Tune 2:00 Craft Corner Thursday w/Lisa (Southern Care New Beacon) 2:30 Music Social	9:00 Morning Meditation 10:00 BINGO 1:30 Friday Movie Matinee 2:30 Popcorn Friday	9:00 Morning Walk 10:00 Manager Special TBD 2:00 Spade Card Game 3:00 Daily Delight 4:00 Evening Stroll
9:00 Sunday School w/ Jimmy Singley 9:30 Church Worship w/ John & Peggy McKay 10:00 Manager Special TBD 11:00 Fine China Luncheon 2:00 Daily Delight 3:00 Enjoy a nice breeze courtyard	9:00 Morning Walk 10:00 BINGO 11:00 ROMEO Lunch Outing Shrimp Basket 2:00 Resident Council Meeting 3:00 Resistance Bands & Lower Back	9:00 Morning Meditation 10:00 Bible Study w/ Harry Garrett 10-2:00 Outing to CONNECT 2:30 Tuesday Tune Day	9:00 Morning Walk 10:00 Bible Study w/ John McKay 1:30 Manicures 2:30 Popcorn Social 3:30 Chair Exercise	9:00 Morning Meditation 9:30-2:30 West Alabama 2024 Senior Citizen Appreciation Day 10:00 Devotional w/ Rob Steinbrook (Oasis Hospice) 1:30 Word Search 2:30 Board Game of Choice	9:00 Morning Walk 10:00 BINGO w/Monica and Amy (Amedisys) 1:30 Friday Movie Matinee 2:30 Friday Floats 3:00 Resistance Bands & Lower Back	9:00 Morning Meditation 10:00 Manager Special TBD 2:00 Word Search 3:00 Board Game of Choice 4:00 Evening Stroll
9:00 Sunday School w/ Jimmy Singley 9:30 Church Worship w/ John & Peggy McKay 10:00 Manager Special TBD 11:00 Fine China Luncheon 2:00 Daily Delight 3:00 Enjoy a nice breeze courtyard	9:00 Morning Meditation 10:00 BINGO 1:30 Country Ride 3:00 Resident Choice	9:00 Morning Walk 10:00 Bible Study w/ Harry Garrett 10-2:00 Outing to CONNECT 2:30 Resident LED Card Game	9:00 Morning Meditation 10:00 Bible Study w/ John McKay 1:30 Wednesday Movie Matinee 2:30 Popcorn Social 3:30 Chair Exercise	9:00 Morning Walk 10:00 Craft Corner 2:00 May Birthday Celebration 2:30 May Trivia w/Snack	9:00 Morning Meditation 10:00 BINGO 2:00 Penny Auction w/Brandy (Forest Manor Rehab) 2:30 Test Your IQ May Trivia	*ALL ACTIVITIES ARE SUBJECT TO CHANGE**