

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

August 2024

				<p>9:00 Morning Mediation 9:30 Walmart Shopping 10:00 Devotional w/Connect Ministry 10:00 Creative Hand (Crafts) 2:00 Chair Yoga with Justin Simon (Chronicles of Eagles) 3:00 Women Dominos</p>	<p>FUN-tastic Friday: Backwards Day 9:00 Morning Walk 10:00 BINGO with CeCe Washington 1:30 Friday Movie Matinee 2:30 National Ice Cream Sandwich Day 3:00 Resistance Bands & Lower Back</p>	<p>9:00 Morning Mediation 10:00 Pet Therapy w/Hand in Paw 2:00 Cranium Crunches 3:00 UNO Attack 4:00 Evening Stroll</p>
<p>9:00 Sunday School w/ Jimmy Singley 9:30 Church Worship w/ John & Peggy McKay 10:00 Manager Special TBD 2:00 Board Game of Choice 3:00 Word Search</p>	<p>9:00 Morning Walk 10:00 BINGO 1:30 Resident Council Meeting 2:00 Daily Chronicle 2:30 Tabletop Games 3:00 Resistance Bands & Lower Back</p>	<p>9:00 Morning Mediation 9:30-11:30 Outing to CONNECT 10:00 Bible Study w/ Harry Garrett 2:00 National Root beer Flat Day 2:30 Conversation Ball Toss n' Talk</p>	<p>9:00 Morning Walk 10:00 Bible Study w/ John McKay 2:00 Creative Hands (Craft) "Lighthouse Day" 2:30 Domino Wednesday 3:00 Chair Exercise 3:30 Music Social</p>	<p>9:00 Morning Mediation 10:00 Devotional w/Connect Ministry 10:00 ROMEO Tour Paul Bryant Musuem & Lunch at Capstone Hotel 1:30 Manicures 2:30 Daily Chronicle</p>	<p>9:00 Morning Walk 10:00 BINGO with CeCe Washington 2:00 Make Your Own S'mores 2:30 Music Social 3:00 Resistance Bands & Lower Back</p>	<p>9:00 Morning Mediation 10:00-12:00 Connect Memory Cafe' (Christ Episcopal Church) 2:00 Word Search 3:00 Board Game of Choice 4:00 Evening Stroll</p>
<p>9:00 Sunday School w/ Jimmy Singley 9:30 Church Worship w/ John & Peggy McKay 10:00 Manager Special TBD 2:00 Nice Refreshing Walk in the Courtyard 3:00 Daily Delight</p>	<p>9:00 Morning Mediation 10:00 BINGO 11:00 JULIET Lunch Outing: CiCi's Pizza (Subject to change) 2:00 Elvis Performance 3:00 Resistance Bands & Lower Back</p>	<p>9:00 Morning Walk 9:30-11:30 Outing to CONNECT 10:00 Bible Study w/ Harry Garrett 2:00 Meet & Greet w/Pastor Mark Aills (New Chaplin) 3:00 Dominos Fun 3:30 Music Social</p>	<p>9:00 Morning Mediation 10:00 Bible Study w/ John McKay 1:30 Elvis Movie 3:00 Chair Exercise</p>	<p>9:00 Morning Walk 9:30 Walmart Shopping 10:00 Devotional w/Connect Ministry 1:30 Penny Auction w/Kasyn (Prohealth Home Health) 2:30 Creative Hands (Craft) 3:00 Who, What, Where 3:30 Music Social</p>	<p>9:00 Morning Mediation 10:00 BINGO with Parnella Anderson 2:00 Alabama Pep Rally "Tailgate" 3:00 Resistance Bands & Lower Back</p>	<p>9:00 Morning Walk 10:00 Manager Special TBD 2:00 Spade Card Game 3:00 Daily Delight 4:00 Evening Stroll</p>
<p>9:00 Sunday School w/ Jimmy Singley 9:30 Church Worship w/ John & Peggy McKay 10:00 Manager Special TBD 11:00 Fine China Luncheon 2:00 3:00 Enjoy a nice breeze courtyard</p>	<p>9:00 Morning Walk 10:00 BINGO 2:00 Penny Auction w/Mallory (Enhabit Hospice) 2:00 Spade Card Game with Music Social 3:00 Resistance Bands & Lower Back</p>	<p>9:00 Morning Mediation 9:30-11:30 Outing to CONNECT 10:00 Bible Study w/ Harry Garrett 2:00 National Lemonade Day w/Melissa (Oak Street Health)</p>	<p>9:00 Morning Walk 10:00 Bible Study w/ John McKay 2:00 Rehab Criteria Discussion w/Felicia (Aspire Physical Recovery Center) 2:30 Who Am I? 3:00 Chair Exercise 4:00-6:00pm What's Cooking at Regency: Luau</p>	<p>9:00 Morning Mediation 10:00 Devotional w/Connect Ministry 1:30 Root beer & Tattoos 2:30 August Jeopardy Trivia 3:00 Dominos</p>	<p>9:00 Morning Walk 10:00 BINGO with CeCe Washington 2:00 Penny Auction w/Lisa (Forest Manor Rehab) 2:30 Dominos 3:00 Resistance Bands & Lower Back</p>	<p>9:00 Morning Mediation 9:30-11:30 Caring Days Walk 10:00 BINGO w/AI Muqit Court #199 2:00 Word Search 3:00 Board Game of Choice 4:00 Evening Stroll</p>
<p>9:00 Sunday School w/ Jimmy Singley 9:30 Church Worship w/ John & Peggy McKay 10:00 Manager Special TBD 11:00 Fine China Luncheon 2:00 Daily Delight 3:00 Enjoy a nice breeze courtyard</p>	<p>9:00 Morning Mediation 10:00 BINGO 2:00 National Dog Day w/Chase & Mesha 3:00 Tabletop Game 3:00 Resistance Bands & Lower Back</p>	<p>9:00 Morning Walk 9:30-11:30 Outing to CONNECT 10:00 Bible Study w/ Harry Garrett 2:00 Craft w/Lisa (Southern Care New Beacon)</p>	<p>9:00 Morning Mediation 10:00 Bible Study w/ John McKay 1:30 Country Ride 2:00 Manicures 2:30 Music Social 3:00 Chair Exercise</p>	<p>9:00 Morning Walk 9:30 Walmart Shopping 10:00 Devotional w/Connect Ministry 1:30 Creative Hands (Craft) 2:30 Dominos</p>	<p>9:00 Morning Mediation 10:00 BINGO with Parnella Anderson 2:00 August Birthday Celebration 2:30 August Test Your IQ 3:00 August Trivia 3:00 Resistance Bands & Lower Back</p>	<p>9:00 Morning Walk 10:00 Manager Special TBD 2:00 Cranium Crunches 3:00 UNO Attack 4:00 Evening Stroll</p>