

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
9:00 Sunday School w/ Jimmy Singley 9:30 Church Worship w/ John & Peggy McKay 10:00 Manager Special TBD 2:00 Board Game of Choice 3:00 Word Search	9:00 Morning Walk 9:30 Chair Exercise 10:00 Penny Auction <b>11:30-1 Labor Luncheon</b> 1:30 Would You Rather? Labor Edition 2:00 What's My Job? 2:30 Music Social w/Word Search  Labor Day	9:00 Morning Mediation 9:30Resistance Bands & Lower Back 9:30-11:30 Outing to CONNECT 10:00 Bible Study w/ Harry Garrett <b>1:00-2:00 Bookmobile</b> <b>2:00 Resident Council Meeting</b> 3:00 Music Social	9:00 Morning Walk 9:30Chair Exercise 10:00 Bible Study w/ John McKay 1:30 Daily Delight <b>2:00 Performance by The Bluegrass Brothers</b> 3:00 Jeopardy Trivia 3:30 Domino Fun	9:00 Morning Mediation 9:30 Morning Walk <b>9:30 Walmart Shopping</b> <b>10:00Apple Stamping Arts</b> <b>2:00 Spade Card Game</b> 2:30 Cranium Crunches 3:00 Music Social	<b>FUN-tastic Friday: Fashion Disaster Day</b> 9:00 Morning Walk 9:30 Chair Exercise 10:00 BINGO 1:30 Friday Movie Matinee 2:30 Popcorn Friday	9:00 Morning Mediation 10:00 Pet Therapy w/Hand in Paw 2:00 Cranium Crunches 3:00 UNO Attack 4:00 Evening Stroll <b>7:00 Alabama VS. South Florida Channel ESPN</b>	
<b>Assisted Living Week 8th-14th</b> 9:00 Sunday School w/ Jimmy Singley 9:30 Church Worship w/ John & Peggy McKay <b>1:00-3:00 Donuts and Coffee with Grandparents</b>  Grandparents Day	<b>WEAR PURPLE DAY FOR ALZHEIMER'S DAY</b> 9:00 Morning Mediation 9:30 Chair Exercise 10:00 BINGO <b>11:00 JULIET Lunch Outing: Logan's Roadhouse</b> <b>2:00 Penny Auction w/Remy &amp; Cassandra (Oak Street Health)</b>	<b>PAJAMA DAY</b> 9:00 Morning Walk 9:30 Resistance Bands & Lower Back 9:30-11:30 Outing to CONNECT 10:00 Bible Study w/ Harry Garrett <b>2:00 Penny Auction w/Leif (DCH Home Health)</b> 3:00 Dominos Fun	<b>PATRIOT DAY (Wear Red, White &amp; Blue)</b> 9:00 Morning Mediation 9:30 Chair Exercise 10:00 Bible Study w/ John McKay <b>2:00 Movie at the Cobb Movie Theater (Movie Name to be Announce)</b>	<b>OLD MCDONALD DAY</b> 9:00 Morning Walk 9:30 Resistance Bands & Lower Back 10:00 Book Ends Game <b>11:00 ROMEO LUNCH: Buffalo Wild Wings</b> <b>2:00 Chair Yoga with Justin Simon (Chronicles of Eagles)</b> 3:00 Manicures	<b>Fifty Friday</b> 9:00 Morning Mediation 9:30 Chair Exercise 10:00 BINGO <b>w/Employees of Jamison Money Farmer PC</b> 1:30 Friday Movie Matinee 2:30 Popcorn Friday	<b>SPIRIT DAY</b> 9:00 Morning Walk 10:00 Manager Special TBD <b>12:00 Alabama AT Wisconsin Channel FOX</b> 2:00 Spade Card Game 3:00 Daily Delight 4:00 Evening Stroll	
9:00 Sunday School w/ Jimmy Singley 9:30 Church Worship w/ John & Peggy McKay 10:00 Manager Special TBD 11:00 Fine China Luncheon 2:00 Word Search Packet 3:00 Enjoy a nice breeze courtyard	9:00 Morning Walk 9:30 Chair Exercise 10:00 BINGO 2:00 Movie Monday 2:30 National Cinnamon Raisin Bread Day w/Coffee <b>3:00 LIFT w/The Culverhouse School of Accountancy (University of Alabama)</b>	9:00 Morning Mediation 9:30 Resistance Bands & Lower Back 9:30-11:30 Outing to CONNECT 10:00 Bible Study w/ Harry Garrett <b>2:00 Getting A Grip on Grief w/Pastor Mark Aills (Our New Chaplin)</b> 3:00 Puzzle Packet	9:00 Morning Walk 9:30 Chair Exercise 10:00 Bible Study w/ John McKay <b>1:00-3:00 Voter Registration w/League of Women Voters</b> <b>2:00 Hope for the Healing/Bible Study w/Tim Webb</b>	9:00 Morning Mediation 9:30 Morning Walk <b>9:30 Walmart Shopping</b> <b>10:00 Devotional w/Connect Ministry</b> 2:00 Cardboard Vases Craft 3:00 Music Social 4:00 Dominos	9:00 Morning Walk 9:30 Chair Exercise <b>10:00 BINGO w/Remy &amp; Cassandra (Oak Street Health)</b> <b>11:00-1:00 What's Cooking at Regency? Frittata Friday</b> 1:30 Friday Movie Matinee 2:30 Popcorn Friday	9:00 Morning Mediation <b>10:00 Manager on Duty</b> 2:00 Word Search 3:00 Board Game of Choice 4:00 Evening Stroll  Oktoberfest Begins	
9:00 Sunday School w/ Jimmy Singley 9:30 Church Worship w/ John & Peggy McKay 10:00 Manager Special TBD 11:00 Fine China Luncheon 2:00 Daily Delight 3:00 Enjoy a nice breeze courtyard  Autumn Begins	9:00 Morning Mediation 9:30 Chair Exercise 10:00 BINGO <b>2:00 Tailgate Party (Wear your favorite college team attire)</b> <b>3:00 LIFT w/The Culverhouse School of Accountancy (University of Alabama)</b>	9:00 Morning Walk 9:30 Resistance Bands & Lower Back 9:30-11:30 Outing to CONNECT 10:00 Bible Study w/ Harry Garrett <b>2:00 Country Ride</b> 3:00Dominos Fun	9:00 Morning Mediation 9:30 Chair Exercise 10:00 Bible Study w/ John McKay <b>2:00 September Birthday Celebration w/Kayson (ProHealth)</b> 2:30 Test Your September IQ	9:00 Morning Walk 9:30Resistance Bands & Lower Back 10:00 Creative Hands- Pressed Flower Lanterns Craft <b>2:00 Music w/Mary Paige (Enhabit)</b> 3:00 Manicures	9:00 Morning Mediation 9:30 Chair Exercise 10:00 BINGO <b>2:30 Regency's Homecoming Party</b>	9:00 Morning Walk <b>10:00 BINGO w/AI Muqit Court #199</b> 2:00 Cranium Crunches 3:00 UNO Attack 4:00 Evening Stroll <b>7:30 Alabama VS. Georgia Channel ABC</b>	
9:00 Sunday School w/ Jimmy Singley 9:30 Church Worship w/ John & Peggy McKay 10:00 Manager Special TBD 2:00 Board Game of Choice 3:00 Word Search	9:00 Morning Walk 9:30 Chair Exercise 10:00 BINGO 2:00 Tabletop Games <b>3:00 LIFT w/The Culverhouse School of Accountancy (University of Alabama)</b>	 <h1 style="color: yellow; text-align: center;">SEPTEMBER 2024</h1>					