

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>  <h1>August 2025</h1>  </div>						
9:30 Church Worship w/ John & Peggy McKay 10:00 Manager Special TBD 11:00 Fine China Luncheon 2:00 Resident Led Board Game of Choice 3:00 Word Search	8:30 Morning Mediation 9:30 Nature Walk 10:00 BINGO 2:00 Insurance Broker Talk w/Pizza (1st floor activity room) 3:00 Resident LED Dominos	8:30 Morning Walk 9:30 Chair Exercise w/Brittani 10:00 Bible Blessings w/ Harry Garrett-(2nd floor dining room) 1:00 Resident Council Meeting 1:00 Book Club w/Jam 1:30 Manicures 2:00 News Knowledge 3:00 Daily Delight (activity table)	8:30 Morning Mediation 9:30 Nature Walk 10:00 Bible Blessings w/ John & Peggy McKay-2nd floor dining room 2:00 Mix and Mingle w/National Root beer Float 3:00 Resident LED Dominos	8:30 Morning Walk 9:30 Chair Exercise w/Brittani 10:00 Nutrition Talk w/Cassandra Payne-1st floor activity room 10:00 Cobb Movie Theater: CLIFFORD: The BIG Red Dog Movie (The tickets are \$1.99 signup at the activity table) 2:00 Trivia and Snacks	FUNtastic Friday: Superhero Day 1 8:30 Morning Devotional 9:00 Chair Exercise w/Jam 10:00 BINGO 1:00 Friday Movie Matinee: Greatest Show Man 3:00 Resident LED UNO	8:30 Morning Mediation 10:00 Resident Led Dominos 10:00 Pet Therapy w/Hands in Paw-2nd floor activity room 1:30 Social Hour w/Friends 3:00 Daily Delight 4:00 Evening Stroll
9:30 Church Worship w/ John & Peggy McKay 10:00 Manager Special TBD 11:00 Fine China Luncheon 2:00 Word Search 3:00 Visit a neighbor	8:30 Morning Walk 9:30 Chair Exercise w/Brittani 10:00 BINGO w/Oak Street Health 10:30 Lunch Outing: Another Broken Egg (signup at activity table) 1:00 Movie Monday 2:00 Manicure Monday w/Music Social	8:30 Morning Mediation 9:30 Nature Walk 10:00 Bible Blessings w/ Harry Garrett-(2nd floor dining room) 1:00 Daily Delight (activity table) 2:00 Book Club w/Jam 2:00 BINGO-Nerissa (Amedisys)	8:30 Morning Walk 9:30 Chair Exercise w/Brittani 10:00 Bible Blessings w/ John & Peggy McKay-2nd floor dining room 11:30-1 What's Cooking at Regency? Luau Style 1:00 POPUP w/TCAT (2nd floor dining room) 2:00 Penny Auction w/Leif (DCH Home Health)	8:30 Morning Mediation 9:30 Ollie's Shopping (signup at the activity table) 10:00 Devotional w/Bethel Baptist Church Ministry-2nd activity room 1:30 Manicures w/Activities 2:30 Dominos w/Activities	8:30 Morning Walk 9:30 Chair Exercise w/Brittani 10:00 BINGO 1:00 Friday Movie Matinee: Cinderella w/S'mores 3:00 Resident LED Spade	8:30 Morning Walk 10:00 Resident LED Board Game 2:00 Resident Led Spade Card Game 3:00 Daily Delight 4:00 Evening Stroll
9:30 Church Worship w/ John & Peggy McKay 10:00 Manager Special TBD 11:00 Fine China Luncheon 2:00 Word Search 3:00 Enjoy a nice breeze courtyard	8:30 Morning Mediation 9:30 Nature Walk 10:00 BINGO w/Courtney Tidmore (Alabama Hospice) 1:00 Movie Monday 3:00 Resident LED Dominos	8:30 Morning Walk 9:30 Chair Exercise w/Brittani 10:00 Bible Blessings w/ Harry Garrett-(2nd floor dining room) 1:00 Book Club w/Jam 2:00 News Knowledge 2:30 Dominos w/Activities	8:30 Morning Mediation 9:30 Nature Walk 10:00 Bible Blessings w/ John & Peggy McKay-2nd floor dining room 2:00 National Lemonade Day Social	8:30 Morning Walk 9:30 5 Below Shopping (Signup at the activity table) 10:00 Nutrition Talk w/Cassandra Payne-1st floor activity room 2:00 August Birthday Celebration	8:30 Morning Mediation 9:30 Outing to TCAT 10:00 BINGO w/Karen Mask & Marta Manderson 11:00 Lunch Outing: The Velvet Spoon (Signup at the activity table) 1:00 Friday Movie Matinee: Fame w/snacks 3:00 Resident LED Dominos	8:30 Morning Walk 9:30 Caring Days Walk (Come out and support our memory care residents) 10:00 Resident Led Dominos 2:00 Word Search 3:00 Resident Led Board Game of Choice 4:00 Evening Stroll
9:30 Church Worship w/ John & Peggy McKay 10:00 Manager Special TBD 11:00 Fine China Luncheon 2:00 Daily Delight 3:00 Resident LED Dominos	8:30 Morning Walk 9:30 Chair Exercise w/Brittani 10:00 BINGO 1:00 Movie Monday w/National Banana Split Day 3:00 Resident LED Phase 10	8:30 Morning Mediation 9:30 Nature Walk 10:00 Bible Blessings w/ Harry Garrett-(2nd floor dining room) 1:30 Book Club w/Jam 2:00 Pet Therapy (National Dog Day) w/Tuscaloosa Metro Animal Shelter (2nd floor activity room) 2:00 Performance by: The Old Time Religion Band (1st floor activity room)	8:30 Morning Walk 9:30 Chair Exercise w/Brittani 10:00 Bible Blessings w/ John & Peggy McKay-2nd floor dining room 1:00 POPUP w/TCAT (2nd floor dining room) 2:00 Manicures w/Activities	8:30 Morning Mediation 9:30 Walmart Shopping (Signup at the activity table) 10:00 Nutrition Talk w/Cassandra Payne-1st floor activity room 1:30 Trivia w/activities 2:30 Tabletop Games	8:30 Morning Walk 9:30 Chair Exercise w/Brittani 10:00 BINGO w/ Megan Roakes (Alabama One Credit Union) 2:00 Country Ride (Sign up at the activity table) 3:00 Resident LED UNO	8:30 Morning Mediation 10:00 Resident Led Dominos 1:30 Social Hour w/Friends 2:30 Alabama at Florida State Watch Party 3:00 Daily Delight 4:00 Evening Stroll
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