

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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<div>  </div>						<div>  </div>
<div> <p>9:00 Chair Exercise (Tide 4 Tuscaloosa)</p> <p>9:30 Church Worship w/John & Peggy McKay</p> <p>10:00 Domino Fun (Tide 4 Tuscaloosa)</p> <p>11:00 Fine China Luncheon</p> <p>1:00 Manicures (Tide 4 Tuscaloosa)</p> <p>2:00 Left Right Center Game (Tide 4 Tuscaloosa)</p> <p>3:00 Patio Buddy (Tide 4 Tuscaloosa) Invite friends</p> <p>Daylight Saving Time Ends</p> </div>	<div> <p>8:30 Morning Mediation</p> <p>9:30 Morning Walk</p> <p>10:00 BINGO</p> <p>2:00 Manicures w/Music Social</p> <p>3:00 Jeopardy Trivia w/Activities</p> </div>	<div> <p>GENERAL ELECTION DAY (IF YOU WOULD LIKE TO VOTE SIGN UP AT THE ACTIVITY TABLE)</p> <p>8:30 Morning Walk</p> <p>9:45 Exercise w/ Reece Edmiston (Tide 4 Tuscaloosa)</p> <p>10:00 Bible Blessings w/ Harry Garrett-(2nd floor dining room)</p> <p>2:00 BINGO w/Brittney (Aspire Rehab)</p> </div>	<div> <p>8:30 Morning Mediation</p> <p>9:30 Chair Exercise</p> <p>10:00 Bible Blessings w/ John & Peggy McKay-2nd floor dining room</p> <p>1:00 Resident Council Meeting</p> <p>1:30-2:30 LIFT Students (The Culverhouse School of Accountancy</p> <p>2:00 Penny Auction w/Leif (DCH Home Health)</p> <p>2:30 Christmas Choir Practice w/Elaine Carr (activity room 1st floor)</p> </div>	<div> <p>8:30 Morning Mediation</p> <p>9:30 Walmart Shopping</p> <p>10:00 Story Time: The Night Jesus Saved Me: w/Jeff Bell (1st floor activity room)</p> <p>2:00 National Nacho Day w/Trivia</p> <p>2:30 Music Social</p> </div>	<div> <p>FUNTASTIC Friday: Best Mustache for NO Shave November</p> <p>8:30 Morning Mediation</p> <p>9:30 Outing to TCAT</p> <p>10:00 BINGO</p> <p>1:00 Sing Along w/Mary Paige (Enhabit Home Health & Hospice)-1st Floor Activity Room</p> <p>2:00 Friday Movie Matinee</p> </div>	<div> <p>8:30 Morning Walk</p> <p>10:00 Resident LED Board Game</p> <p>2:00 Resident Led Spade Card Game</p> <p>3:00 Daily Delight</p> <p>4:00 Evening Stroll</p> <p>LSU VS Alabama (Time and Channel to be announced)</p> </div>
<div> <p>9:00 Chair Exercise (Tide 4 Tuscaloosa)</p> <p>9:30 Church Worship w/John & Peggy McKay</p> <p>10:00 Board Games (Tide 4 Tuscaloosa)</p> <p>11:00 Fine China Luncheon</p> <p>1:00 Domino Fun (Tide 4 Tuscaloosa)</p> <p>2:00 Spade Card Game (Tide 4 Tuscaloosa)</p> <p>3:00 Country Yard Walk (Tide 4 Tuscaloosa)</p> <p>4:00 Axe Throwing</p> </div>	<div> <p>8:30 Morning Mediation</p> <p>9:30 Morning Walk</p> <p>10:00 BINGO</p> <p>2:00 Veteran's Day Program</p> <p>3:00 Domino Fun</p> <p>4:00 Daily Delight</p> </div>	<div> <p>8:30 Morning Walk</p> <p>9:45 Exercise w/ Reece Edmiston (Tide 4 Tuscaloosa)</p> <p>10:00 Bible Blessings w/ Harry Garrett-(2nd floor dining room)</p> <p>2:00Performance By: Daivd Ladewig</p> <p>3:00 Veterans Day Puzzles</p> <p>Veterans Day</p> <p>Remembrance Day (Canada)</p> </div>	<div> <p>8:30 Morning Mediation</p> <p>9:30 Chair Exercise</p> <p>10:00 Bible Blessings w/ John & Peggy McKay-2nd floor dining room</p> <p>2:30 Penny Auction w/Tim Eads</p> <p>3:00 Christmas Choir Practice w/Elaine Carr (activity room 1st floor)</p> </div>	<div> <p>9:00 Morning Walk</p> <p>10:00 Rock Painting w/Schylur(2nd floor)</p> <p>10:30 Lunch Outing: McAlister Deli</p> <p>2:00 POPUP w/TCAT-2ND Dining Room</p> <p>2:30 Snack and Chat with Activities</p> </div>	<div> <p>8:30 Morning Mediation</p> <p>9:30 Chair Exercise</p> <p>10:00 BINGO</p> <p>2:00 Hot Chocolate Bar w/Survey Say: Family Feud</p> <p>3:00 Pin the Feather on the Turkey Game</p> </div>	<div> <p>National Clean Out YOUR Refrigerator Day</p> <p>8:30 Morning Mediation</p> <p>10:00 Word Search</p> <p>2:00 Resident Led Spade Card Game</p> <p>3:00 Daily Delight</p> <p>4:00 Evening Stroll</p> <p>Oklahoma Sooners VS Alabama (Time and Channel to be announced)</p> </div>
<div> <p>9:00 Chair Exercise (Tide 4 Tuscaloosa)</p> <p>9:30 Church Worship w/John & Peggy McKay</p> <p>10:00 Domino Fun (Tide 4 Tuscaloosa)</p> <p>11:00 Fine China Luncheon</p> <p>1:00 Axe Throwing</p> <p>2:00 UNO Card Game</p> <p>3:00 Left Right Center Game</p> <p>4:00</p> </div>	<div> <p>8:30 Morning Mediation</p> <p>9:30 Morning Walk</p> <p>10:00 BINGO w/Megan & Alabama ONE Associates)</p> <p>10:30 Lunch Outing:</p> <p>2:00 Framed Fall Flowers Craft w/Music Social</p> </div>	<div> <p>8:30 Morning Walk</p> <p>9:45 Exercise w/ Reece Edmiston (Tide 4 Tuscaloosa)</p> <p>10:00 Bible Blessings w/ Harry Garrett-(2nd floor dining room)</p> <p>1:00 Daily Delight (activity table)</p> <p>2:00 BINGO w/Nerissa (Amedisys)</p> </div>	<div> <p>8:30 Morning Mediation</p> <p>9:30 Chair Exercise</p> <p>10:00 Bible Blessings w/ John & Peggy McKay-2nd floor dining room</p> <p>2:00 November Birthday Celebration</p> <p>3:00 Christmas Choir Practice w/Elaine Carr (activity room 1st floor)</p> </div>	<div> <p>8:30 Morning Mediation</p> <p>9:30 5 Below Shopping</p> <p>10:00 Daily Delight & Word Search</p> <p>2:00 Manicures w/Music Social</p> <p>3:00 Domino Fun w/Activities</p> <p>5:00 Family & Friends Thanksgiving Dinner</p> </div>	<div> <p>8:30 Morning Mediation</p> <p>9:30 Chair Exercise</p> <p>10:00 BINGO</p> <p>1:30 Movie Matinee</p> <p>2:00 Popcorn Fun</p> <p>3:00 Domino Fun</p> </div>	<div> <p>8:30 Morning Walk</p> <p>10:00 Resident Led Dominos</p> <p>1:00 Alabama VS Eastern Illinois</p> <p>2:00 Word Search</p> <p>3:00 Resident Led Board Game of Choice</p> <p>4:00 Evening Stroll</p> </div>
<div> <p>9:00 Chair Exercise (Tide 4 Tuscaloosa)</p> <p>9:30 Church Worship w/John & Peggy McKay</p> <p>10:00 Board Card Game</p> <p>11:00 Fine China Luncheon</p> <p>1:00 Manicures (Tide 4 Tuscaloosa)</p> <p>2:00 Spade Card Game (Tide 4 Tuscaloosa)</p> </div>	<div> <p>8:30 Morning Mediation</p> <p>9:30Morning Walk</p> <p>10:00 BINGO w/Karen Mask & Marta</p> <p>1:30 Country Ride</p> <p>2:00 IN2L Tablet Fun</p> <p>3:00 Spade Card Game</p> </div>	<div> <p>8:30 Morning Walk</p> <p>9:45 Exercise w/ Reece Edmiston (Tide 4 Tuscaloosa)</p> <p>10:00 Bible Blessings w/ Harry Garrett-(2nd floor dining room)</p> <p>1:30 Movie Matinee w/Parfait</p> </div>	<div> <p>8:30 Morning Mediation</p> <p>9:30 Chair Exercise</p> <p>10:00 Bible Blessings w/ John & Peggy McKay-2nd floor dining room</p> <p>2:00 Manicures w/Music Social (National Jukebox Day)</p> <p>2:30 Christmas Choir Practice w/Elaine Carr (activity room 1st floor)</p> </div>	<div> <p>9:00 Morning Walk</p> <p>10:00 Domino Fun/Activities</p> <p>10:30 Daily Delight</p> <p>1:30 Movie Matinee</p> <p>3:00 Thanksgiving Puzzles</p> <p>4:00 Patio Buddies</p> <p>Thanksgiving Day (U.S.)</p> </div>	<div> <p>8:30 Morning Mediation</p> <p>9:30 Chair Exercise</p> <p>10:00 BINGO</p> <p>2:00 IRON BOWL PARTY (Wear your Favorite Team)</p> </div>	<div> <p>8:30 Morning Mediation</p> <p>10:00 Spade Card Game</p> <p>1:30 Social Hour w/Friends</p> <p>3:00 Daily Delight</p> <p>4:00 Evening Stroll</p> <p>Alabama VS Auburn (Time and Channel to be announced)</p> </div>
<div> <p>9:00 Chair Exercise (Tide 4 Tuscaloosa)</p> <p>9:30 Church Worship w/John & Peggy McKay</p> <p>10:00 Domino Fun</p> <p>11:00 Fine China Luncheon</p> <p>1:00 Axe Throwing (Tide 4 Tuscaloosa)-Activity Room</p> <p>2:00 UNO Card Game (Tide 4 Tuscaloosa)</p> <p>3:00 Board Game (Tide 4 Tuscaloosa)</p> </div>	<div>  </div>					